



## From the Elders of the Hopi Nation

*Oraibi, Arizona, June 8, 2000*

To My Fellow Swimmers:

Here is a river flowing now very fast. It is so great and swift that there are those who will be afraid, who will try to hold on to the shore. They are being torn apart and will suffer greatly.

Know the river has its destination. The elders say we must let go of the shore, push off into the middle of the river and keep our heads above water.

And I say see who is there with you and celebrate. At this time in history, we are to take nothing personally, least of all ourselves. For the moment that we do, our spiritual growth and journey comes to a halt.

The time of the lone wolf is over. Gather yourselves. Banish the word struggle from your attitude and your vocabulary.

All that we do now must be done in a sacred manner and in celebration. For we are the ones we have been waiting for.

