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SNOW LION 1986-87 CATALOG & NEWSLETTER



H.H. the Drikung Kyabgon, Chetsang Rinpoche, H.H. Ganden Tri Rinpoche, and H.H. Sakya Trizin, at the Kalachakra Initiation bestowed by the Dalai Lama in Bodhi Gaya. Over a quarter of a million Buddhists attended the week-long initiation. This was the largest Buddhist gathering since the 1950's.

WHAT'S NEW AT SNOW LION?

The strong positive response to our first newsletter (spring 86) has prompted us to make this format a regular part of our publishing program. We plan to bring out two issues a year. Our hope that these newsletters will be a forum for the exchange of information concerning Tibetan projects, Dharma events and other news is being realized because of the many letters and articles we receive from centers and individuals from around the world. We hope that you will also discover books and other items that will help further your practice of Dharma. Please think of us when you are planning events—we would like to share this information with the Buddhist world whenever possible.

Our customers inform us that our Tibet Cards are an ideal gift for travelers to give to Tibetans in India and Tibet. Our line of 48 cards covers a wide range of Tibetan cultural subjects. We have found that the cards are a great way to increase general awareness of Tibetan culture. We give a portion of the proceeds to the Tibet Fund to help refugees. A complete pack of cards is available for \$20 plus \$1.50 shipping.

Our Snow Lion Educational Program is finally taking shape! Over the next few years a great number of books will be published that will form the basis for a solid and systematic approach to the study and practice of Tibetan Buddhism. Based on the programs from some of the largest monasteries in Tibet, our program will provide a solid core of material for courses in centers and individual study.

The Drikung Kagyu lineage is rapidly growing in this country and we are pleased to be publishing GARLAND OF MAHAMUDRA PRACTICES and PRAYER FLAGS translated by the abbot for N. America, Khenpo Konchog Gyaltsen. We are looking forward to the visit of the Drikung Kyabgon Chetsang Rinpoche to Ithaca later this year.

Recently the staff at Snow Lion had the good fortune to attend talks by Kalu Rinpoche at Kagyu Thubten Choling, his center in Wappingers Falls, NY and to visit with Lati Rinpoche in Toronto.

Our business is rapidly growing (thanks to you!) and we are adding new items to our inventory such as our Snow Lion Tapes which feature talks by many lamas and Westerners. We'd like to add to this list, so please contact us if you have tapes to distribute. We are also looking for manuscripts from all the lineages of Tibetan

Buddhism as well as photos of Tibetan culture. If you have photographs which you think might be suitable for postcards, posters, or book covers, please send slide duplicates to us for consideration.

Your direct orders to us make a big difference in our ability to serve you! We offer discounts to Dharma centers who order in quantity. Please contact us for details.



TIBETAN REVIEW

Tibetan Review is the only monthly magazine containing news, commentary, articles, interviews, book reviews and critiques on all aspects of Tibet and Tibetans. Founded in 1968, every issue carries reliable information unavailable to any other paper on what is happening in Tibet—whether of political, cultural, religious or historical significance. It also includes background material in the form of well-written articles by acknowledged experts in their respective fields. Then there are informed discussions on all controversial issues in written symposia and a regular letters column in which readers from as diverse places as Dharamsala, India; Ulan Bator, Mongolia and Boise, Idaho are invited to give vent to their suppressed fury at each other and the world at large—provided, of course, it is expressed in Tibetan context.

Air Mail subscription rate: \$14.00. Please write for a free sample or subscription to: The Editor, *Tibetan Review*, 16 Jor Bagh, New Delhi, India.

OUR PURPOSE

Snow Lion Publications has been established to help further and protect Tibet's great religious and philosophic traditions. While this rich cultural heritage is threatened within Tibet itself, its importance is being recognized with increasing enthusiasm in the West.

Our goals are to provide handsome, relevant and informative books for the general reader, as well as authoritative, scholarly presentations and translations of seminal texts within the complete Tibetan meditation and scholastic tradition. All Snow Lion Publications are translated with thoroughness and precision by highly qualified scholar-translators working in conjunction with lamas recognized for their special understanding of each text. The English renderings are true to the originals in letter and spirit.

In addition to publishing and distributing philosophic and religious works, we offer books on Tibetan medicine, art, history, biography and language, and reproductions of authentic and inspirational art work such as cards, posters and calendars.

To ensure a representative selection of books for practitioners and scholars from all four sects of Tibetan Buddhism, and provide the most comprehensive resource for those interested in Tibetan culture, we appreciate working with and receiving manuscripts from lamas and teachers of all sects and from Western scholars and practitioners. As you will see from our catalogue, we distribute a great number of excellent and hard-to-find texts from many different sources. We are also looking for other books, pamphlets, sadhanas, visual dharma, etc.—so if you can recommend items for us to offer to our international audience of Dharma practitioners and scholars, we would appreciate hearing from you.

CONVENTION

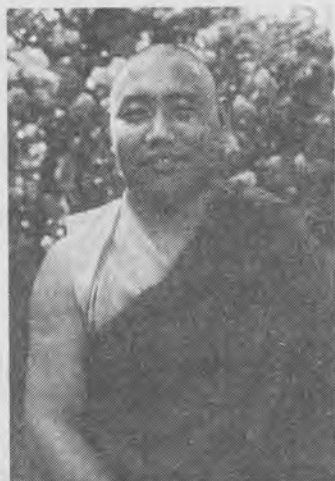
In July of this year Snow Lion Publications attended the American Booksellers Association (ABA) convention in New Orleans. We were happy at the warm reception which we received from book-buyers around the country—a sign that Tibet and its culture is moving into public awareness. Buyers were especially enthusiastic about our latest books (*Health Through Balance* and *Highest Yoga Tantra*) and the new line of beautiful *Tibet Post Cards*. Many compliments were heard about the quality of our products and our endeavors to help the Tibetan people and spread awareness of Tibetan culture.

NEWS & PROFILES

DRIKUNG KAGYU DHARMA CENTER

The Drikung Kagyu Center is under the patronage of H.H. the Drikung Kyabgon, Chetsang Rinpoche. Its resident teacher is Khenpo Rinpoche, Konchog Gyaltsen, Abbot of all the Drikung Kagyu centers of North America. Khenpo was born in Tibet. After escaping the Chinese takeover Rinpoche received his Acharya degree and then studied for years with highly realized masters of the different lineages. He also did the traditional three year retreat during which time he studied the Five-fold Profound Path of Mahamudra, the Six Yogas of Naropa and other teachings. Khenpo is a very prolific writer as well as a popular teacher. His first two books are being published this fall by Snow Lion Publications. They are *The Garland of Mahamudra Practices* and *Prayer Flags: Spiritual Teachings of Jigten Sumgon*. The newest book being prepared for Snow Lion is entitled *The Search For The Stainless Ambrosia*. Rinpoche is a young man and speaks fluent English. The center offers a variety of classes and a regular meditation schedule. Open House is held once a month.

Presently Khenpo and members of the center are organizing the first American tour of H.H. the Drikung Kyabgon, Chetsang Rinpoche. His Holiness is one of the heads of the illustrious Drikung Kagyu lineage which traces back in an unbroken lineage through Jigten Sumgon, Pakmo Druba, Gampopa, Milarepa, Marpa, Naropa, and Tilopa to Vajradhara. When the Chinese communists took over Tibet the two Drikung Kyabgons, their Holinesses Chungtsang and Chungtsang Rinpoche, the leaders of the illustrious Drikung Kagyu lineage, were both imprisoned. H.H. Chungtsang was imprisoned by the Chinese Com-



Khenpo Konchog Gyaltsen

munists for ten years, after which he was assigned thirteen years' hard labor. He was released from prison in 1983. H.H. Chetsang Rinpoche after being imprisoned for twenty years escaped and fled to India. When he arrived in India thousands of monks gathered at Phiyang Monastery in Ladakh where he established his seat-in-exile. Great celebrations were held including lama dances, mandala offerings, and long-life offerings. His Holiness gave teachings and empowerments to the thousands who gathered there and also celebrated the 800th anniversary of the establishment of the first Drikung Kagyu Monastery by Lord Jigten Sumgon. During the anniversary celebration Khenpo Konchog Gyaltsen was appointed to the position of a Khenpo (Abbot) of the Kagyu order. Recently His Holiness Chetsang Rinpoche represented the Kagyu order at the great Kalachakra Initiation in Bodh Gaya, India where 250,000 Tibetans and Westerners gathered to receive the week-long initiation. This upcoming tour will be His Holiness' first trip to North America.

VEN. LATI RINPOCHE'S VISIT TO NORTH AMERICA



Ven. Lati Rinpoche

Ven. Lati Rinpoche was born in Kham in Eastern Tibet, where he was recognized at the age of eight as an incarnate lama. He received his monastic education at Shartse College, Ganden Monastery, graduating with an honors Geshe degree, the equivalent of a Doctor of Divinity. A year later he entered the Gyuto Tantric University, where he did intensive study and training in the Vajrayana. Rinpoche was later appointed Abbot of Shartse College, Ganden Monastery.

Rinpoche, now one of the greatest accomplished tantric

masters, and author of *Death, Intermediate State, and Rebirth in Tibetan Buddhism* and *Mind in Tibetan Buddhism* both of which are published by Snow Lion Publications, is presently on a teaching tour of North America. His tour, which was organized by Vajrapani Institute, began at the institute in California where he gave many teachings and empowerments this summer. He also gave teachings and empowerments at Geshe Gyeltsen's center, Thubten Dhargye Ling in Los Angeles, and many other centers in the United States and Canada. He taught, gave empowerments and led retreats at Deer Park in Madison, WI, at Zasep Tulkus centers, and at Milarepa Center in Vermont to name a few. Upon completion of his tour of North America, Rinpoche will give teachings throughout Europe before returning to India.

Many people were fortunate to meet with Ven. Lati Rinpoche as he is one of the greatest living tantric masters.



VEN. KALU RINPOCHE

Venerable Kalu Rinpoche, the great eighty-two year old meditation master arrived in Hawaii on June 17, 1986 to begin a lengthy tour of the United States.

Kalu Rinpoche was a mountain yogi in his youth, wandering in solitude among many uninhabited meditation spots for thirteen years. The fame of his spiritual accomplishments spread throughout Tibet. Finally, Kalu Rinpoche was persuaded to leave retreat and become the Vajra Master of one of the principal monasteries in Eastern Tibet.



Ven. Kalu Rinpoche

Although supremely accomplished in all lineages of Tibetan Buddhism, Rinpoche is particularly renowned as a teacher of the profound Six Yogas of Naropa, of which he is considered to be the greatest living master. Throughout his life, Kalu Rinpoche has given teachings and empowerments to highest lamas, and to countless students around the world.

Exemplary in his non-sectarian views, the Ven. Kalu Rinpoche gives teaching and empowerments at centers in all of the major lineages of Tibetan Buddhism.

Rinpoche will end his tour on the west coast at Kagyu Drogen Kunchab in San Francisco which is directed by the Ven. Lama Lodo. He returns to India on Jan. 7.

TULKU THONDUP RINPOCHE

The Venerable Tulku Thondup Rinpoche was born in 1939 in Golok, Eastern Tibet. At the age of four he was recognized as the Tulku of Konme Khenpo, an outstanding scholar of Dodrup Chen Monastery. He studied at Dodrup Chen under Khenpo Chechog and many other great scholars and masters of meditation. In 1957 he left Golok with His Holiness Dodrup Chen Rinpoche and went to Sikkim.

From 1967 to 1976 Tulku Thondup taught at Lucknow University and he was a Lecturer at Visva-Bharati University in Santiniketan, West Bengal from 1976-1980. From 1980 to 1983 he was a Visiting Scholar at the Center for the Study of World Religions at Harvard University.

Since 1975 Tulku Thondup has been the Presiding Officer of Buddhayana, a church and educational foundation based in New York City with an office in Marion, Massachusetts.

The Buddhayana has three main purposes: 1) to assist in the editing and publication of Tulku Thondup's writings and translations of Buddhist texts of the Nyingma Tradition of Tibet, 2) to raise funds for the Chorten Monastery of His Holiness Dodrup Chen Rinpoche in Gangtok, Sikkim, India, 3) to raise funds for the rebuilding of the Temple of the Maha Siddha Nyingmapa Center, Hawley, Massachusetts (the original temple was burned down three years ago).

In addition to his writing and translation work under the auspices of Buddhayana, Tulku Thondup helps with the spiritual training of Dodrup Chen Rinpoche's student group, the Maha Siddha Nyingmapa Center. Rinpoche divides his time between the United States, India and Bhutan. Tulku Thondup leads the students at Hawley in ceremonies and retreats and gives them training and counsel.

At present Tulku Thondup lives in Cambridge, Massachusetts. He is the author of *Hidden Teachings of Tibet, an Explanation of the*



Tulku Thondup

Terma Tradition of the Nyingma School of Buddhism, to be published this fall. It will be published by Wisdom and distributed in the United States by Snow Lion Publications.

Jokhang Temple in Lhasa, before Jowo Rinpoche, the most revered image of the Lord Buddha in the country. Moreover, the Monlam festival drew the largest congregation of scholar-monks in the world, including those from the "Three Pillars" as well as many from other parts of Tibet; and all the Gelugpa monasteries preferred to choose as abbots monks who had taken this degree. The abbots of Sera, Drepung, and Gaden were usually chosen from the highest placed lharampa geshe, and it was a rare thing to find in any of those major monasteries an abbot without this degree. One further reason for the importance of the lharampa was that it was a prerequisite for a degree in Tantric Buddhism from the Gyudpa colleges, and this, in turn, was a prerequisite to becoming Gaden Tri Rinpoche, head of the whole Gelugpa hierarchy.

In addition to the above mentioned training in Buddhist philosophy, very intense and austere meditation practice went on continuously with frequent solitary retreats.

Upon completion of his Geshe lharampa degree, Khyongla Rato Rinpoche entered the Gyuto Tantric college. An intimate friend and protege of the tutors of the young Dalai Lama, Khyongla had been himself among the number of recognized scholars appointed to examine His Holiness when the Dalai Lama received his lharampa geshe degree. Rinpoche fled the Chinese invasion of Tibet in 1959 and now lives quietly in New York City. Although extremely humble and leading a quiet life, he is considered by other lamas to be a great scholar and tantric master. He wrote a wonderful detailed biography of his life in Tibet and his training as a monk, his escape from the Chinese invasion, life in India and his transition to life in the West. Dutton originally published a very abridged version of this biography but unfortunately left out those things which are most interesting to a student of Buddhism. Snow Lion Publications plans to publish the work in its entirety (nearly 700 pages complete with maps and heavily illustrated) under the title *Memoirs of a Tibetan Lama*. This will be the most detailed, full-blooded, and intimate narrative of the life of a Tibetan lama and monastic training ever published and will be a very important historical document.

KHYONGLA RATO RINPOCHE

In 1928, the elder monks of the Gelugpa sect of Tibetan Buddhism divined that a five-year-old boy living in a remote part of Tibet was the reincarnation of the ninth Khyongla of Tibet. On the boy's sixth birthday, monks on horseback took him from his parents to a monastery some distance away, where he was installed as its spiritual head. For three decades, he underwent intensive training in Tibetan Buddhist tenets and meditation. Upon completion of the arduous training which included debate, dialectics, and deep study of the tenet systems, as well as continual meditation practice, Rinpoche passed his Geshe lharampa exam.

Candidates for the lharampa, highest of the geshe degrees, were chosen by the abbots and their names were forwarded to the Dalai Lama. The Dalai Lama's assistants subjected the candidate to a two or three day preliminary examination. Anyone failing was sent back to his college to be examined there for one or another of the lesser degrees. If he passed the preliminary exam, he could take the lharampa exam. The



Khyongla Rato Rinpoche

lharampa examination was taken before the entire congregation of the three great monasteries when they gathered annually for the Monlam festival in Lhasa. The lharampa degree was regarded as the most important degree for several reasons. It required usually twenty-six years of intense monastic study to be able to pass it and represents the highest scholarship. The final phase of examination took place in the great

NEWS & PROFILES

DALAI LAMA GIVES NYINGMA INITIATION

H.H. the Dalai Lama conferred the initiation of the great compassionate Jigdhon Wangchuk at the Central Cathedral in Dharamsala this past May 20. The *tagon* (preparatory ceremony) was held a day earlier. The empowerment was received by over 3000 Tibetans and foreigners. The text of the empowerment was taken from the secret teachings of the Fifth Dalai Lama, and belongs to the Nyingma lineage of Tibetan Buddhism.



ZASEP TULKU RINPOCHE

Zasep Tulku Rinpoche is the 13th incarnation of the famous Kagyupa teacher who founded Zuru Monastery in the Kham province of Tibet. Rinpoche was recognized as an incarnation by high lamas of the Kagyu, Sakya and Gelug traditions. He studied with and received empowerments from many renowned Gelug and Kagyu teachers in Tibet, and after his escape from the Chinese he



Zasep Tulku Rinpoche

continued his studies with various high lamas and later received an Acharya degree from the Varanasi Sanskrit University in India. In 1975, he was sent to Thailand by H.H. the Dalai Lama. In 1976, he was then requested by Lama Thubten Yeshe to come to the Chenrezig Institute for Wisdom Culture in Australia. He gave Lam-rim meditation courses and lectured in several cities. Three centers were established there under his advisory. In 1980, he was appointed as resident Lama of Gaden Choling in Toronto by H.H. Ling Rinpoche. He taught at Naropa Institute during two of its summer programs, and under his guidance three other centers have been formed in Canada. In the United States he is director of Gaden Tenzin Ling, 120 W. State St., P.O. Box 6761, Ithaca, N.Y. 14851. His main center in Canada is Gaden Choling in Toronto. His other centers include: Gaden Phende Ling in Orleans, Ont.; Gaden Rime Zong Ling in Vancouver, B.C.; Potala Center in Thunder Bay, Ont.; and Tashi Choling in Nelson, B.C.

Rinpoche has a great sense of humor and speaks very good English.

Two projects that Rinpoche is involved with are the *Personal Meditation Program* and the establishment of major retreat centers

in Canada and the United States.

The *Personal Meditation Program* is a five stage program of meditation practice and dharma study that begins with mindfulness of breathing meditation and lam rim study and proceeds all the way up to the most advanced tantric practices and study. It is personal because the time spent on each stage depends on the individual. To get started on the personal program, one must arrange to meet with Rinpoche through the Gaden Choling Center, 637 Christie St., Toronto, Ontario M6G 3E6. If it is impossible to meet Rinpoche personally, one may write instead. It is helpful to provide Rinpoche with a list of teachings and initiations received, if any, and a brief description of any meditation one has done, or is currently doing. Please request the brochure on the *Personal Meditation Program* for more information.

The *Retreat Center Project* involves the establishment of retreat centers in Canada and the United States. The purpose of this project is to provide peaceful settings in which serious meditators can do group or individual retreats.

The major retreat center will be in Canada. A possible location, which Rinpoche has visited and approved, is just over two hours from Toronto. This site consists of 345 acres of heavily forested land with several small clearings, two beaver ponds, and many deer. There are two buildings on the property which, with minimal work, can be used until more suitable facilities can be built.

Gaden Choling will sponsor frequent weekend retreats at the site, as well as more extensive ones. Meditators from all spiritual traditions will be welcome to use the center for individual or group practice.

The country center will enable Gaden Choling to host great masters such as H.H. the Dalai Lama for more extensive teachings than can be given in the city. The facilities will be gradually improved by the construction of a meditation hall, kitchen, sleeping accommodations and washrooms. In the future small cabins may be built for the use of individual members. In addition to regularly scheduled meditation retreats and study seminars, dharma instruction for children in the form of a summer camp will be given once a year.

There's a lot of work to be done to bring the retreat center to fruition. Funds to first buy property and then to build must be raised. If you would like to participate in the project, financially or otherwise, please contact

Gaden Choling in Toronto.

In the United States, a modest retreat center associated with Rinpoche's U.S. center, Gaden Tenzin Ling, is being built just outside of Ithaca, New York to accommodate visitors, larger retreats and teachings, and possibly a resident monk (see the article on Gaden Tenzin Ling for more information). Those wishing to help with this project may write to Gaden Tenzin Ling, P.O. Box 6761, Ithaca, NY 14851.

GADEN TENZIN LING

Gaden Tenzin Ling, a Tibetan Buddhist meditation center, has been founded in Ithaca, NY. Ithaca is a small college town (home of Cornell University) in the heart of the Finger Lakes region of upstate New York surrounded by wooded hills, waterfalls and lakes. The center's director is Ven. Zasep Tulku Rinpoche and its spiritual head is H.H. the Dalai Lama. GTL offers a practice and study program that covers both sutra and tantra. The center is dedicated to the long life and teachings of H.H. the Dalai Lama.

Gaden Tenzin Ling, despite its small size and modest facilities, offers a complete program in Buddhist theory and practice including group sittings, courses, retreats, and workshops given by Zasep Tulku, senior students, or visiting teachers, including many well-known Tibetan lamas.

Members of Snow Lion were instrumental in the formation of Gaden Tenzin Ling. The center is the natural outgrowth of their efforts to strengthen the presence of Dharma in the USA. The center is located at 120 W. State St. (Fourth floor), Ithaca, NY 14850. This present location was consecrated by monks of the Gyume Tantric College. Zasep Tulku Rinpoche led a Green Tara retreat and gave other teachings this past year. The center has hosted many other venerable lamas. Notable among the past years visitors have been the Abbot and monks of the Gyuto Tantric College, Doboom Tulku Rinpoche, H.H. Ganden Tri Rinpoche, the monks of Gyume Tantric College, Gelek Rinpoche, Geshe Sangye Samdup, Dr. Lobsang Rappagay, Ven. Tara Tulku, and Ven. Khyongla Rato Rinpoche.

In the fall of 1986, we look forward to the visits of H.H. the Drikung Kyabgon, Chetsang Rinpoche head of the Drikung Kagyu lineage, several visits from Zasep Tulku Rinpoche, and another visit from Gelek Rinpoche.

Recently members of GTL went to Toronto where they and members of Gaden Choling received the Yamantaka and Vajra Yogini initiations from the Ven. Lati Rinpoche.

Gaden Tenzin Ling is preparing to build a retreat center on land ten miles outside of Ithaca. This past summer two staff members of Snow Lion Publications did Gyalwa Gyatso Fire Pujas on the land to conclude their retreats. Later on, two other people came from Ann Arbor, MI to the retreat site to do Vajra Yogini Fire Pujas. Zasep Rinpoche assisted in all the fire pujas. Presently the land contains only a large barn which will be converted to a shrine room with lamas' quarters and

VEN. GESHE NGAWANG DHARGHEY

The Ven. Geshe Ngawang Dharghey trained in the monastic tradition of Buddhist philosophy, debate and meditation from early childhood and grew up to become one of the most learned and respected members of his generation.

After the Chinese takeover of Tibet in 1959, he fled to India along with the hundreds of thousands of his countrymen who followed His Holiness the Dalai Lama into exile.

In India he completed his studies, graduating with the highest degree (Iharam).

At the request of the Dalai Lama, Geshe Dharghey was appointed principal teacher at the Tibetan Library in Dharamsala, a village in the Himalayan foothills where the Dalai Lama established his Government-in-exile.

For eighteen years Geshe Dharghey taught thousands of Western students every aspect of sutra and tantra with great love, compassion and understanding.

In 1982 he travelled abroad to take up a visiting professorship at University of Washington in the United States. This was followed by a year-long teaching tour at the invitation of Buddhist centres throughout the world.

Geshe-la presently lives in New Zealand where he is the resident lama at the Dharghey Dharma Centre in Dunedin.



Geshe Ngawang Dharghey

At the conclusion of a very successful six-week lecture tour of New Zealand, in 1983 Geshe Dharghey agreed to return here to establish a Buddhist centre of learning. In June 1985 he arrived in Dunedin accompanied by two Tibetan monk attendants and a translator. The Dharghey Dharma Centre was set up as a charitable trust. A beautiful historic mansion was acquired and is now the centre and the residence of Geshe Dharghey and his party. Several of the centre's supporters also live in the house. There is a large meditation room where regularly scheduled teachings and meditations are held.



spaces for retreatants. The land is wooded and has a small stream flowing through it. Both land and barn are being kindly provided by a member and her husband. Next August Zasep Tulku will lead a Vajra Yogini meditation retreat on the land.

At present the center is small and has no accommodations for visitors except in members' homes. We eventually hope to have a larger space as well as a resident monk. If you share in our enthusiasm for this project you can help by becoming a Supporting Member of Gaden Tenzin Ling at \$100 per year or you can make a donation of any amount to help in the growth of Gaden Tenzin

Ling. GTL is a non-profit tax-exempt organization. Supporting Members will be notified of special visits by lamas and other teachers and will receive a discount on all teachings. Also, GTL is capable of accepting donations to sponsor dharma publications through Snow Lion. Anyone interested in sponsoring a dharma book can write to Snow Lion for a list of titles needing sponsorship.

Gaden Tenzin Ling welcomes lamas and visitors from all lineages of Tibetan Buddhism and has planned a very busy schedule for the next year. Please call us at Snow Lion during the day (607-273-8506) or Pat Aiello (607-273-4859 evenings) for more information.

SAKYA PHUNTSOK LING Center for Tibetan Buddhist Studies

The members of Sakya Phuntsok Ling joyfully celebrated the opening of their new center in Silver Springs, MD on August 17th. The center's director is Ven. Lama Kalsang Gyaltzen. The center offers a regular study program as well as weekly shamatha, Green

Tara and Avalokiteshvara meditations. Classes in Tibetan language are also being arranged. Inquires about the center may be addressed to Sakya Phuntsok Ling, 8715 First Avenue, Apt. 1501D, Silver Spring, MD 20910.

NEWS & PROFILES

LABSUM
SHEDRUB LING

Labsrum Shedrub Ling, Tibetan Buddhist Learning Center is the result of the work of its late founder, Geshe Wangyal.

Geshe Wangyal was a geshe from Drepung Monastery in Lhasa, Tibet. In 1955 he immigrated to the United States in order to serve the Kalmuck Mongolian community. He built a monastery in New Jersey in 1958 using money that he earned through teaching during his first years in this country. Beginning in 1962 Geshe-la sponsored Tibetan monk-scholars to come to his monastery in New Jersey and assist him in teaching. These monks were tutored in the English language by resident American students. These American students in turn received classes in Tibetan Buddhism and language. Two of them, Jeffrey Hopkins of the University of Virginia and Robert Thurman of Amherst College, are now leading scholars in Tibetan Buddhist Studies.



The Ven. Geshe Wangyal

In 1967 Geshe-la bought land and built a new monastery in Washington, New Jersey. Geshe-la gave his American students a basic knowledge of the many facets of Tibetan Buddhism. He was a very innovative teacher, encouraging his students to follow the teachings in a way that is universal. Although Geshe-la taught in English, he encouraged the majority of his students to speak and read the Tibetan language, and to become translators. Thus his retreat house in Washington became essentially a learning center. In fact, he encouraged many of his students to go on into academia to earn doctorates. A few of those who earned doctorates and are now teaching include: Anne Klein, Donald Lopez, Elizabeth Napper, Daniel Perdue, Joe Wilson and Leah Zahler.

During the last several years of Geshe-la's life he worked tirelessly on his final book which reflects his main goal of presenting in a clear and precise way the essential topics for new Buddhists of Western countries to understand. This book entitled *The Jeweled Staircase* will be published this fall by Snow Lion Publications.

The property in Washington, New Jersey now consists of a stupa and three buildings in a beautiful wooded country setting. Just prior to his death, Geshe-la instructed his longtime student, Joshua Cutler, to be his administrative successor and to build the large new temple which was completed in September of 1984 at which time it was consecrated by His Holiness the Dalai Lama. His Holiness had also visited the monastery in 1979 and 1981 when

he gave discourses on Buddha's teachings to large assemblies there. Since Geshe-la's passing, His Holiness's spiritual advice continues to direct the center's activities.

Nowadays four Tibetan monk-scholars are in residence: Geshe Dawa Sangbo, Geshe Thupten Gyatso, Geshe Lobzang Tsetan, and Venerable Thupten Tsepal Taikang.

The center holds public teachings and special seminars. Classes are given by both the resident monk-scholars and the many Western scholars associated with the center.

Please contact the center for further information. The address is Labsrum Shedrub Ling, R.D. 1 Box 306A, Washington, New Jersey 07882-9512. Tel. (201) 689-6080.

AN APPEAL FOR THE RECONSTRUCTION OF TAG-
TSANG RATO MONASTERY

The Ven. Khyongla Rato Rinpoche recently gave us the following appeal:

"In 1959, with the forceful occupation of Tibet by the communist Chinese, the great Tag-tsang Rato (Tiger Nest) Monastery was totally destroyed. In Tibet today only skeletal ruins of the monastery remain in a pathetic state.

We, some of the surviving monks and leading incarnates of Tag-tsang Rato Monastery living in exile, are unwilling to accept the destruction of our monastery. Thus, we have taken the initiative to re-establish the monastery. Our

intention is to reintroduce Tag-tsang Rato's great religious traditions at a new institution in Mundgod, Karnata State, India.

On behalf of Rato Monastery, we appeal to all people, Tibetans and others, for their generous help. We give you every assurance that your donation, received with deepest gratitude, will be used solely for the reconstruction of the monastery. May your generosity plant the seeds of virtue for a vast collection of merit.

With our prayers for your well-being in this and many other lives, Dragyab Loden Sherab, Rato Chuwar Tulku, Rato Khyongla

Tulku, and Ngawang Gedun (The Committee for the re-establishment of Tag-tsang Rato Monastery)."

Please write:
Rato Dratsang
Lama Camp No. 2
P.O. Tibetan Settlement, Mundgod
Uttar Karnada, Karnataka 581411
INDIA

SAKYA SHEI-DRUP LING
Center for Buddhist Studies and Meditation

Sakya Shei-drup Ling in Cambridge, MA has announced the establishment of *Sakya Chokor Yangtse*, The Seat of His Holiness Sakya Trizin.

On January 25, 1985, with the blessings of His Holiness Sakya Trizin and the Venerable Densun Rinpoche, 180 acres of beautifully wooded land in Barre, MA, complete with a mountain view, caves, streams, and a lake, was purchased for the establishment of the Seat of the Sakya Order of Tibetan Buddhism in North America. Densun Rinpoche blessed the land at the time of purchase and in June, 1985 H.E. Luding Khen Rinpoche performed the meditation retreat of Hevajra and then bestowed the Consecration of Hevajra on seventy-five fortunate disciples.

Pioneer efforts to renovate the various buildings on the land have resulted in favorable developments. The lodge has been winterized and a shrine room, living quarters for lamas, and retreat rooms for meditators are being tastefully

reconditioned. In addition, the little red house and one of the cabins have been comfortably renovated and used this past winter for retreats.

The first year has been very successful and the foundations of a great center of Buddhist learning and meditation have been established under very auspicious conditions, but the vast potential of Sakya Chokor Yangtse has only just begun to be realized. To establish a meditation center many more houses are needed so that people can put into practice the high level of teachings given by our Lamas. Plans have been discussed for the eventual establishment of Sakya College West modeled after the highly respected Sakya College in India and other plans include a residence for His Holiness and other venerable teachers as well as a monastery to serve the needs of the Sangha.

Inquiries about this project can be addressed to Sakya Shei-drup Ling, 5 Upland Rd. 3, Cambridge, MA 02140.

TIBETAN
CULTURAL
CENTER

The Tibetan Cultural Center is a tax exempt, non-profit organization. It is dedicated to the purpose of communicating to the general public the history, culture, values, and arts of Tibet and Inner Asia, by means of community programs, seminars and publications.

The Tibetan Cultural Center plans to establish permanent facilities for these programs on its twenty acre tract of land zoned for this purpose southeast of Bloomington, Indiana.

The main facility will consist of a Visitor's Center which will be designed according to Tibetan architectural aesthetics. It will accommodate the Center's offices, community meeting rooms, exhibit halls, staff and visitors

quarters, kitchen facilities, and a library with an extensive collection of Tibetan manuscripts and reference works on Tibetan culture. The Temple Room in the main building will replicate the meditation hall of a Tibetan monastery. While the predominant religion of Tibet is Buddhism, this temple room will be made available for interdenominational services and meditation. The Visitor's Center will include a Chorten and will be surrounded by an Oriental rock garden to be designed by K.K. Yasuda, an internationally renowned Japanese gardener.

The TCC has sponsored a number of programs and events which include exhibits, lectures, films, workshops, and community dinners. It will continue these programs and institute new services and activities in the future.

The Board of Directors of the TCC is at this time seeking funding for the completion of the Chorten phase of this project. The Chorten phase consists of a concrete and copper Chorten, thirty-five feet tall with a twenty-one square foot base, and landscaping.

A Chorten is defined simply as a structure which symbolizes an awakened state of mind. It originated as a small mound of stones as a monument to the sacred, and evolved through the centuries into its present day structure which symbolizes the graduated stages of enlightenment.

The Tibetan word *Chorten* literally means "receptacle for offering" and a Chorten may be consecrated with small clay *tsha-tshas*, ancient relics, prayers or mantras, old scriptures, etc. The Chorten is important not only as a treasury for relics, but also because it is one of the chief cultural forms of Tibetan architecture. In addition to being a symbol of innate wisdom, the Chorten may be a place of quiet meditation and individual introspection.

A *tsha-tsha* is a small object stamped out in clay with a hand-held mold. The particular *tsha-tsha* mold to be used for consecrating the TCC's Chorten is approximately 200 years old and is on loan from the Antoinette K. Gordon Tibetan Collection of Indiana University.

The TCC would be most grateful for your contribution to this project of building the Chorten. Contributions are tax exempt, and for each dollar you contribute, the TCC will place one *tsha-tsha* inside the Chorten for you.

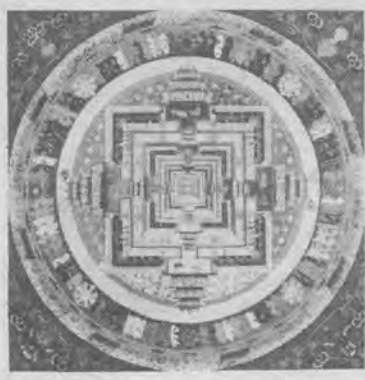
You may request further information or send your contributions to: The Tibetan Cultural Center
P.O. Box 2581
Bloomington, Indiana 47402, USA

THE KALACHAKRA INITIATION IN BODHA GAYA

H.H. the Dalai Lama recently bestowed the Kalachakra Initiation to the largest gathering of Buddhists since the 1950's. An amazing crowd of more than a quarter of a million came to receive the week-long initiation. Over 9,000 monks were in attendance. On one day a Western monk led the 9,000 monks as the *umdze* (chant master). He led not only the monks of the "big three" - but also monks from the four different lineages of Tibetan Buddhism who had gathered there. Among the many high lamas present were H.H. Sakya Trizin Rinpoche, head of the Sakya lineage, H.H. Ganden Tri Rinpoche, head of the Gelug lineage, H.H. the Drikung Kyabgon, Chetsang Rinpoche and H.H. Taglung Rinpoche of the Kagyu lineage, and H.H. Dilgo Khyentse Rinpoche and the Dhungse of H.H. Miling Trichen Rinpoche of the Nyingma lineage. In addition to the initiation, H.H. the Dalai Lama gave many teachings. In the evening there was folk dancing and other cultural events. Elaborate and extensive long life prayers were offered to H.H. the Dalai Lama.



Long-life offering to the Dalai Lama at the Kalachakra Initiation.



NEWS & PROFILES

THE IMPORTANCE OF HAVING A NON-SECTARIAN VIEW

At the present time it is extremely important to not have divisive sectarian views: deprecating other lineages and thinking that one's own lineage is the only valid one. All of the great lineages of Tibetan Buddhism engage in both study and practice leading to full enlightenment. All of the lineages have great tantric masters. It's natural to have pride in one's lineage but it should not be forgotten that all the lineages are teaching and practicing the Buddha's words and helping innumerable sentient beings. Just as all lineages study the Buddhas words, all lineages are also *practice lineages*. We must all work together and respect one another. Spirituality is not like a competitive sports event where it is hoped that one's lineage or teacher wins out over all others.

"...these great lamas respected all sects equally and studied with masters holding lineages that interested them, regardless of sect. To be close-minded towards a scripture or lineage of Dharma out of sectarian bigotry is to turn wholesome medicine into poison. This religious superiority complex just makes one into a fool.

"In the Sutras it is said that sectarianism is a more severe evil than killing a thousand Buddhas. Saying, 'This sect is good and that bad, etc.' is considered the greatest of sins.

"Furthermore, the Buddhas themselves respect all the traditions of the teachings, so for us not to do so is to dispise all the Buddhas. Because of the varying capacities and inclinations of beings, the Buddhas have taught various philosophies and methods of practice. If we follow one of these and yet belittle others, we abandon the Dharma and consequently the Buddhas as well.

"I have Geluk-pa ordination and training, but Tibetan lineages are very interrelated, and one of the main Gelukpa meditations is a lineage brought to Tibet by the Kagyu teacher Marpa. Thirty percent of the remainder of my practice centers upon a Nyingma lineage. I have also met and exchanged ideas with many Japanese, Theravadin, and other masters. Most Tibetan lamas practice this way. When one understands the nature of the spiritual path there is never a need to see a contradiction in the types of Buddhist trainings. Buddha did not impart his vast array of teachings merely in order to confuse the people as to what is pure Buddhism and what is not, what is high and what

is low. Anyone who has gained a fundamental understanding of the intent of the Enlightened Ones can see the pure Dharma reflected in every word of every master, regardless of tradition or lineage. Just as a man traveling through different countries will adopt different clothing in order to adjust to the climate of the country that he is in, every lineage of the Dharma takes on a slightly unique character in accordance with the times and culture of its development. Yet when we check on the source of the lineage we will find it comes in an unbroken line from Buddha Shakyamuni. A trainee who has gained an appreciation for the breadth and depth of Buddhist doctrines will immediately be able to respect every lineage of Dharma on its own ground. We ourselves should attempt to follow this eclectic approach that so many of the past masters have taken. This does not mean we should mix our practices and make a big soup out of them. Rather, we should be open to all teachings as valid transmissions of the thought of the Enlightened Ones and as sources of knowledge that can support and strengthen whatever specific lineage we may be pursuing.

"What the Chinese did to us was bad, but not as bad as the effects we would create by taking Dharma and using it for sectarian purposes or to exploit people. This rots the foundation. In this context the great yogi Milarepa said, 'When Dharma practitioners do not abide within their practices, all they do is harm the teachings.' Just as intestinal worms can kill a lion, using the teachings for sectarianism and exploitation can easily destroy the Dharma.

"If you really take an interest in Buddhism, then the most important thing is implementation - practice. To study Buddhism and then use it as a weapon in order to criticize others' theories or ideologies is wrong.

"As Buddhists, while we practice our own teaching, we must respect other faiths, Christianity, Judaism, and so forth. We must recognize and appreciate their contributions over many past centuries to human society, and at this time we must strive to make common effort to serve humankind. The adopting of a right attitude toward other faiths is particularly important for new Buddhists to keep in mind.

"Also among Buddhists, there are different schools, different systems of practice, and we should not feel that one teaching is better,

another teaching is worse, and so on. Sectarian feeling and criticism of other teachings or other sects is very bad, poisonous, and should be avoided.

"The most important thing is practice in daily life. Doctrine is not meant for mere knowledge but for the improvement of our minds. In order to do that, it must be part of our life." - **His Holiness the Dalai Lama** (quotes taken from *Essence of Refined Gold and Kindness, Clarity, and Insight*)

"...I visited a large number of monasteries because most of them invited me - Kagyu, Nyingma, Sakya, Gelug and even Bonpo. For example in one place there were 15 monasteries of all sects. It was very interesting, with everyone wearing different colors, different hats, all sorts of things. But over there different sects only mean different traditions, different history, nothing more than that. They don't say 'My sect is better than yours.' They don't have that. They think 'We are all Buddhists' and everyone tries to help each other. It was really encouraging and uplifting. When I see very sectarian things going on it is really depressing. I feel if it is that sort of Buddhism then I want to give it up." - **H.E. Tai Situ Rinpoche**.

TIBETAN REFUGEE WOMEN



"We Tibetan ladies feel that we should make ourselves known to the other ladies of the world," says Rinchen Khando Choegyal, President of the Tibetan Women's Association (TWA). "We should come to know each other, share each other's joys and sorrows and learn from each other. If all the ladies of the world got together, if we put all our problems together, I'm sure they wouldn't differ much."

One of TWA's objectives is to "join hands with the women of the world in the promotion of human rights, peace and justice so that the world will be a better place in which to live."

Tibetan women who do not belong to the lay community face different problems. Karma Drubgye Tharygye Ling Mahayana Buddhist Nunnery (KDTL) in Tilokpur and Gedun Choeling Nunnery in Dharamsala are two of the few nunneries among the 300 Tibetan Buddhist monastic institutions in India. Of the 500 to 600 Tibetan Buddhist nuns in India, under 100 are able to live in nunneries. Once admitted, nuns face poor sanitation and unhygienic facilities (as do monks and most people in India), a nutritionally inadequate diet and cramped living quarters. For example, at Gedun Chowling two

and sometimes three nuns share an 8'x10' cell. In a letter dated September 3, 1986, Rinchen Khando states that many new nuns have arrived in Dharamsala from Tibet, making overcrowding worse than ever.

Nuns have fewer educational opportunities than do monks, whose plight is a little better publicized. The nuns in Dharamsala get all the teachings offered by His Holiness the Dalai Lama and the other lamas who live in the area. It's more difficult for the nuns at the remote KDTL, who need an ongoing study program.

The Kagyu nuns at KDTL and their Gelug sisters at Gedun Choeling eat a spartan diet. The nuns at Gedun Choeling are able to eat bread and tea for breakfast and rice and dhal - and occasionally vegetables - for lunch due to the efforts of a sponsor who has been able to generate funds through associates and friends in the West. If the Gedun Choeling nuns don't have any personal money, they cannot afford to eat dinner. Occasionally a nun will treat herself to some nutritious milk, only to find that the merchant has watered it down to make it go further. Rinchen Khando has suggested that the nunnery purchase a cow. The nuns at KDTL as well as those at Gedun Choeling are 'extremely thin and frequently ill, yet they consider themselves to be the most fortunate among humans.

Gedun Choeling evolved from the hearts of two nuns from Tibet who had belonged to the same nunnery, Nechung Ri, near Lhasa. When the Chinese Communists invaded Tibet, some of the nuns at Nechung Ri, Tibet's largest nunnery, were imprisoned, tortured and killed while others - the more fortunate ones - were forced into hard labor and the renunciation of their vows. Others escaped south.

At the moment, the Communist Chinese government in Tibet allows Tibetans limited access to India. Young nuns are leaving their loved ones and familiar surroundings to undertake the arduous journey to India. They dream of practice and of study. For many, the dream is elusive. Some nuns have had to disrobe and look for work in the lay community in order to support themselves. Others, more fortunate, have found housing outside the nunneries.

Tibetan nuns outside India fare little better. "The nuns at Swayambhu in Nepal are in extremely difficult circumstances," states Terry Sullivan, who has recently traveled extensively in Asia and is working to generate support for nuns of all lineages.

The nuns need financial help on all levels, from individual sponsorship to building funds. Please remember that a little goes a long way in India, Nepal and Sikkim. Whatever you can give will be very greatly appreciated. If you are not able to contribute financially, moral support is most welcome. If you would like further information on helping the nuns, or if you would like to reach out to the Tibetan women - and therefore all Tibetans - please feel free to contact those listed below.

Rinchen Khando Choegyal, Tibetan Women's Association, c/o Gedun Choeling Nunnery, McLeod Ganj, Dharamsala, H.P. India; Terry Sullivan, 213/222-8269; Jean Pellagatti, 213/372-7652; or Susan Woldenberg, 213/936-4520.

OTHER PROJECTS FOR YOUR CONSIDERATION

Dharma students in the West have had the great blessing of the highest fruit of Tibetan culture - the lamas who have generously come here bringing the Buddha Dharma. But we do not see and often are unaware of the plight of the Tibetan civilization and the refugees, many of whom suffer great hardships. It is with this in mind that we present you with a few projects that need your support.

1. **DELEK HOSPITAL**, Gangchen Kyishong, Dharamsala, H.P., 176215 India. This is the main medical center for refugees in Dharamsala. They are constantly in need of medicines and other supplies as well as funds to support their out-reach programs for neighboring villages. Medical conditions are poor at best and refugees continue to suffer due to the lack of medicines and supplies. Your money will go a long way to improving their situation. Please write to the administrator at Delek Hospital for more information.

2. **TIBETAN FRIENDSHIP GROUP**, 901 Cuyama Road, Ojai, CA 93023. This is a long-standing, well-informed organization founded for the purpose of helping Tibetan refugees through various relief projects. Write to Diana Peron for further information.

3. **THE OFFICE OF TIBET**, 107 E. 31st St., 4th Floor, NY, NY 10016. This is the US representative of the Tibetan government in exile. They have many projects that require funding and/or volunteer effort. Please contact Mr. Tenzin Tethong for more details.

DREPUNG LOSELING MONKS

Snow Lion is considering sponsoring a tour of America of eight monks from Drepung Loseling next spring. They do high chanting and traditionally lead the Great Prayer Festival. This tour unlike the very successful Gyuto and Gyume Tantric College tours, will not be solely a chanting tour. Also included in the program will be on-stage debating exhibitions, sacred dances and informal question and answer sessions with the audiences.

The tentative idea for the tour is to begin in Canada and then to move through New England, New York, down the east coast to Florida, to Texas, up through Colorado and the Southwest, and then to California and up the west coast to Seattle.

The Gyuto and Gyume Monks gave performances at colleges and universities, dharma centers, churches, museum auditoriums and other such places. Anyone interested in hosting the Drepung Loseling Monks for a performance or visit should write to Snow Lion. When plans get more definite we will contact you to see what can be worked out.

GANDEN MONASTERY NEED

Our friends at Thubten Dhargye Ling, Geshe Gyeltsen's center in Los Angeles, recently wrote to us and asked us if we would include in this newsletter/catalog the following urgent project:

"The monks at Lhopa Kang Tsen in Ganden Shartse College, in South India, need help in building adequate living accommodations. They need 300,000 rupees (about \$3,000) for a building which will house a gompa, a 15 room dormitory and a kitchen designed to service sixty monks.

Presently, there are no indoor kitchen facilities. Monks sleep

seven or eight to a room. Sub-standard living conditions affect adversely the monks' health. If their health is poor, it is difficult for them to study and practice. This weakens Tibetan religion and, consequently, culture. It is very important that we help.

Please make your donation payable to *Thubten Dhargye Ling Monks' Building Fund*. If you wish to have further information or would like to help on this project, you may write Thubten Dhargye Ling (TDL), 2658 La Cienega Avenue, Los Angeles, CA 90034 or phone 213/838-1232."

A MAJOR CONTRIBUTION TO BUDDHIST STUDIES IN THE ENGLISH LANGUAGE

The growing need for a systematic and comprehensive program of study in Tibetan Buddhism for the English-speaking world is now answered by the innovative *Snow Lion Tibetan Buddhist Studies Program*. Aimed at spanning the entire range of philosophical tenets in Tibetan Buddhism in a orderly progression, this series of texts will coordinate the materials necessary for a serious study of the essential components of traditional education for Tibetan monks, an achievement without precedent in the West. This will be an invaluable resource for the educational programs of Buddhist Centers, colleges, and universities which until now have had very little in the way of English language textbook support in this expanding subject area. In the absence of these texts, teachers and students alike find it very difficult to teach or study such fundamental topics as Tibetan language, Buddhist logic and the various sutra and tantra tenets in a manner conducive to growth in understanding as well as personal development. Until now the only works available in English from this rich tradition were assorted inspiring biographies, difficult books on isolated and specialized topics, and a few basic religious practice books; but the present need is for a coherent series of graded texts. These books will have broad appeal to students at all levels and in a variety of settings, bringing to light systems of thought and practice that have been little more than Sanskrit or Tibetan names until now.

Over the past fifteen years, trained Western scholars and translators have begun to emerge, and, in close association with the exiled lamas, the momentous task of rendering this unique heritage into English has begun. The urgency of this task is increased by the advanced age and failing health of a number of the lamas of highest rank.

These texts are also valuable in that the Tibetan presentation of the four principal schools of Indian Buddhism differs in a great many ways from the exegeses of Indian and Western scholars of the early part of this century, and because of this they will stimulate a fresh re-examination of the great Indian texts and call into question well-known Western interpretations of them.

One of the great contributions of Tibetan Buddhism to the study and practice of Buddhist thought is a class of texts that survey and compare the schools of Buddhist thought in India. These texts on tenets provide the most comprehensive delineations of the Buddhist schools available in any canonical language. These are some of the Tibetan works drawn on in producing the Snow Lion textbook series. Topics covered in the series include: classical Tibetan language, mind, logical reasoning and debate, valid cognition, the four sutra systems of Vaibhashika, Sautrantika, Chittamatra, and Madhyamika (both Svatantrika and Prasangika), the four tantra sets of Kriya, Charya, Yoga, and Anuttarayoga Tantra as well as in-depth presentations of the major specific meditational tantric practices and specialized tantric topics essential for an understanding of those practices.

These books will bring the student into a living experience of the main points of contention in Buddhist philosophy and an immersion in the particular world-views of the main schools of Buddhist philosophy. Individuals seeking personal development will be able to work systematically from the same texts as the monks have used in the greatest monasteries of Tibet. Although these books present sophisticated systems of Buddhist thought, their appeal is not limited to the practitioner or Buddhist alone; they will prove to be of genuine interest to students at a variety of levels in colleges and universities. These texts easily facilitate comparison and contrast and have sufficient substance for college-level courses in Buddhist philosophy.

In Tibet it was felt that by learning about the nature of the mind and how to reason properly and then moving step by step through the various tenet systems combined with meditation practice the student would arrive in the end at an understanding that is extremely broad. It is said to be like arriving at the top of a mountain where the view is vast and one is able to see everything clearly.

Using these authoritative and detailed texts, translated and presented by today's foremost scholars/practitioners in intimate cooperation with high-ranking lamas, the student will be able to progress confidently in comprehension and insight. These textbooks will be of immense value in the libraries of all serious students of Buddhist thought.

Although Snow Lion has been working on this text educational program for six years, it is only with the publication this year of *Highest Yoga Tantra, Knowledge and Liberation, A Study of Svatantrika, Emptiness Yoga, and Translating Buddhism From Tibetan* that it is finally taking form.

The present list of titles to be included within the 'SNOW LION TEXT SERIES' are the following: (* indicates that the title is available now or will be available this fall)

SNOW LION TIBETAN BUDDHIST STUDIES PROGRAM: CORE TEXTS

1. Translating Buddhism From Tibetan (*)
2. Mind in Tibetan Buddhism (*)
3. Awareness and Knowledge
4. Tibetan Logic: Signs and Reasonings
5. Presentation of Tenets: Clear Crystal Mirror
6. Knowledge and Liberation (*)
7. Knowing and Negation
8. The Mind-Only School of Buddhism
9. A Study of Svatantrika (*)
10. Emptiness Yoga
11. The Four Great Secret Tantra Sets
12. Highest Yoga Tantra (*)

SNOW LION RELATED AND RECOMMENDED TEXTS

- Si-du's Tibetan Grammar
- Emptiness in Mind Only
- The Two Truths in the Middle Way School
- Special Insight
- Gyel-tsap on Kalachakra
- Death, Intermediate State, and Rebirth (*)
- Compassion in Tibetan Buddhism (*)

The following is a brief description of some of the works which comprise or will comprise the 'Snow Lion Tibetan Buddhist Studies Program':

Translating Buddhism From Tibetan: An Introduction to the Tibetan Literary Language and the Translation of Buddhist Texts from Tibetan by Professor Joe Wilson. Based on the system developed by Jeffrey Hopkins at the University of Virginia, this book presents in lesson form, with drills and reading exercises, a practical introduction to the grammar, syntax and conceptual vocabulary of the Tibetan language used in Buddhist works on philosophy and meditation. The book which is accompanied by cassettes in Tibetan for use with the drills and exercises, serves both as an introduction to reading and translating Tibetan and as an introduction to the central ideas of Buddhist philosophy and meditation. (Available Winter 1987)

Mind in Tibetan Buddhism by Lati Rinbochay and Elizabeth Napper. Buddhist practitioners in the great Tibetan monasteries of Lhasa, seeking to purify their minds and develop the correct understanding necessary for final enlightenment, begin their formal inquiry into mind and consciousness by studying 'The Presentation of Awareness and Knowledge'. This identifies the different types of minds and consciousnesses, their divisions and definitions. It presents the vocabulary connected with the mind and is a means of training the student in the process of reasoning- an endeavour integrally linked with all steps of ge-shay training. Lati Rinbochay, a Tibetan master of the highest rank and presently Abbot of the Shardzay College of Gan-den Monastery in South India, provides rich and extensive commentary and elucidates the penetrating instructional methods Tibetans use in their quest for higher knowledge. (Presently available)

Awareness and Knowledge. A follow-up book to *Mind in Tibetan Buddhism*. This is a longer, more detailed presentation of the topic of introductory psychology in the format of a debate text.

Tibetan Logic: Signs and Reasonings. A monastic textbook on reasoning by a Tutor to the Thirteenth Dalai Lama known as Yong-dzin Pur-bu-jok. With oral commentary from Lati Rinbochay, Lochen Rinpoche, Geshe Gedun Lodro, and Kensur Yeshe Thupten.

Presentation of Tenets: Clear Crystal Mirror. A medium length exposition of Jam-yang-shay-ba's *Great Exposition of Tenets* by the Amdo scholar Lo-sang-gon-chok. It provides a clear, detailed map of Buddhist philosophy.

Knowledge and Liberation by Anne Klein. The author discusses the workings of both direct and conceptual cognition, drawing upon a variety of newly translated Tibetan and Indian texts. Contents include: Gelukba Sautrantika on the Two Truths, Dak-itsang on the Two Truths, Direct Perception, Conceptual Thought, Discrimination Through Exclusion, Exclusions: Affirming Negatives, Exclusions: Non-Affirming Negatives, Naming, and Conclusion: Conceptuality and Non-Dual Wisdom. Anne Klein presents vividly and

intimately these difficult but fundamental issues in Buddhist education. (Fall 1986)

Knowing and Negation. Included here are the Sautrantika tenet system chapter from *Presentation of Tenets* by Jang-gya, *The Presentation of Negative and Positive Phenomena* from the Gomang College debate text and selections from *Presentation of Generally and Specifically Characterized Phenomena* by Den-dar-hla-ram-ba. Annotated by the translator and supplemented with interspersed commentary from leading modern Tibetan scholars.

A Study of Svatantrika by Donald Lopez. The Svatantrika school is approached on three levels: first, from the writings of its founders and their followers in India, second, from expositions by notable lamas such as Jam-yang-shay-ba and Jang-gya, and third, from contemporary oral commentaries by Tibetan scholars in exile. (Fall 1986)

The Mind-Only School of Buddhism. A translation and annotation of the Mind Only chapter of Jang-gya's *Presentation of Tenets*. There has thus far been no detailed expositions and studies of Mind-Only from the perspective of Tibetan Buddhism. This book presents a systematic overview of the radical idealist school originated by Asanga and Vasubandhu in fourth century India.

Emptiness Yoga by Jeffrey Hopkins. A translation of Jang-gya's text with extensive and lively commentary by Jeffrey Hopkins. Jang-gya's text was used as a primary text in Tibet's largest monastery, Dre-bung. An absorbing and highly readable presentation of the highest development in Buddhist insight. (Fall 1986)

The Four Great Secret Tantra Sets. The Mongolian scholar Belden-cho-jay's presentation of Action, Performance, Yoga, and Highest Yoga Tantra. The format of the text is a delineation of the ground and paths of each of the tantra sets. With oral commentary from Ganden Tri Rinpoche, Jambel Shenpen.

Highest Yoga Tantra by Daniel Cozort. Highest Yoga Tantra is supreme among yogas. This presentation of the stages of Highest Yoga Tantra is based on a famous Tibetan text by the yogi/scholar Nga-wang-bel-den entitled *Presentation of the Grounds and Paths of the Four Great Secret Tantra Sets*, and draws heavily on oral commentary by the present Ganden Tri Rinpoche, H.H. Jambel Shenpen. Part One discusses the practices common to sutra and tantra. Part Two presents the *generation stage* of highest yoga tantra. Part Three covers the entirety of the *completion stage yogas*: physical isolation, verbal isolation, mental isolation, illusory body, clear light, and union. Part Four compares the Kalachakra and Guhyasamaja Stages of completion. Remarkable for its definitive clarity, this exposition of the stages of highest yoga tantra is the first of its kind in the English language. (Presently available)

Si-du's Tibetan Grammar. The first of two sections in the most renowned Tibetan grammar by Si-du Pan-chen.

Emptiness in Mind-Only. The section in Dzong-ka-ba's *Essence of the Good Explanations* on the view of reality in the Mind-Only

(Chittamatra) School. In addition to the main translation, included is a distillation from the huge corpus of commentarial literature on Dzong-ka-ba's *Essence of the Good Explanations*, mainly emphasizing the tradition of the Gomang College of Dre-bung Monastic University. Jam-yang-shay-ba's *Great Exposition of the Interpretable and the Definitive*, Gung-tang's *Annotations and Difficult Points*, and A-ku Lo-dro-gya-tso's *Precious Lamp* figure prominently. This book brings to life the important issues of Dzong-ka-ba's seminal text through detailing important controversies surrounding its meaning.

The Two Truths in the Middle Way School. Denma Lochen Rinbochay's oral commentary on a delineation of conventional truths and ultimate truths in the Yogic Practice Autonomy School. A translation of Pan-chen So-nam-drak-ba's text is included.

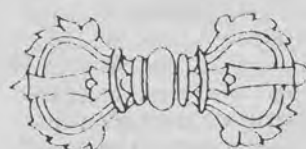
Special Insight. Dzong-ka-ba's last of five presentations of emptiness in the Consequence School. Taken from his *Middling Exposition of the Stages of the Path*, it has particularly good sections on the ignorance that is the root of cyclic existence and on the two truths. Supplemented with the Dalai Lama's commentary as given in public lecture in 1972.

The Four Great Secret Tantra Sets. The Mongolian scholar Belden-cho-jay's presentation of Action, Performance, Yoga, and Highest Yoga Tantra. The format of the text is a delineation of the grounds and paths of each of the tantra sets. With oral commentary from Ganden Tri Rinpoche, Jambel Shenpen.

Gyel-tsep on Kalachakra. Volume one is on the generation stage and volume two covers the completion stage. This set is a detailed and systematic presentation of the Kalachakra Tantric System by the great 15th century scholar and disciple of Dzong-ka-ba. Each volume contains commentary by the Dalai Lama.

Death, Intermediate State, and Rebirth in Tibetan Buddhism by Lati Rinbochay and Jeffrey Hopkins. Presents the specialized system of simulating the processes of death, intermediate states and rebirth for the purpose of purifying and 'taking the three bodies as the path'. This text unfolds in minute detail the complete exposition of the channels, drops and winds which serve as foundations for consciousness. (Presently available)

Compassion in Tibetan Buddhism. Translated and edited by Jeffrey Hopkins. Part one consists of *Meditations of a Tantric Abbot* by Kensur Lekden (1900-71) abbot of the Tantric College of Lower Lhasa, Tibet during the 1950's. Part two is *Way of Compassion* by Tibet's great 14th century yogi/scholar Tsong-ka-pa. This is from Tsong-ka-pa's work entitled *Illumination of the Thought*. In a philosophic as well as practical context the importance of compassion at all levels is surveyed, detailing its types, and describing the deeds motivated by it. (Presently available)



SNOW LION TITLES

OTHER CURRENT SNOW LION PROJECTS

Snow Lion plans several new books which we will briefly mention. It's too early to order these books but we would like to mention them anyway as we're sure that you'll be interested. They are the following:



TIBET: A TRAVEL GUIDE-BOOK

At nearly 700 pages, this is the most comprehensive guidebook on Tibet ever. It is the product of over two years of intensive traveling and research.

Included are over 150 trekking routes. These range from 3-4 days mini-treks to full blown 4-6 weeks expedition-type treks. Geographically, the routes are well spread out. Treks can be done in Kham, Amdo, Central Tibet, Kongpo, the Changtang plateau or Ngari (Western Tibet).

There are very comprehensive sections on the major cities of Lhasa, Shigatse, Tsethang, Chamdo, etc. For example, in Lhasa's section, there will be exclusive descriptions of eleven interesting and important monasteries within the city core. There will also be up-to-date analyses of restaurants and hotels as well as a unique 500-entries telephone directory of Lhasa.

This is the most researched of guide books. Nearly all trekking routes and description of cities, towns, and sacred places will have hard-to-get historical and cultural background information. Most treks are derived from important pilgrimages with significant monasteries and holy sites along the way. Precise trekking information (physical landmarks, route maps, walking time, availability of food and shelter, etc.) will be given.

Over 400 important monasteries are described. The emphasis is on general descriptions of their present-day conditions after the ravages of the Cultural Revolution.

There are over 120 maps in the book - city and town maps, general area maps and trekking maps. They are large scale and clearly illustrated.

The book is illustrated with many beautiful photographs, has striking graphics, and is very well designed.

HAVE FUN LEARNING COLLOQUIAL TIBETAN

A humorous but extremely practical step-by-step book that makes learning a little Tibetan language enjoyable. The book is organized as a quick reference guide. At the beginning of most sections is a summary of the subject in question which is placed in a box, following the summary is a full explanation.

The book is divided into three sections. The first section is called the Basic Section. Here the authors have condensed the most useful points of the Tibetan language into 33 pages. Admittedly, it is a gross over-simplification but it does give you enough to get by. You could take these few pages out on a mountain trek or into a Tibetan settlement or into any of

the many Tibetan shops and do alright by yourself. It's all you need to communicate your basic needs: to get food, to do business, to organize a few creature comforts, etc.

Following the Basic Section is the Advanced Section and then a section of Dialogues. At the end of the book is an English-Tibetan dictionary.

This book will be extremely helpful to travelers to Tibet or the Tibetan communities in India and Nepal, or to students who merely want to speak a little with lamas at dharma centers and Tibetan friends around the world in their native language.

ALTAR OF THE EARTH

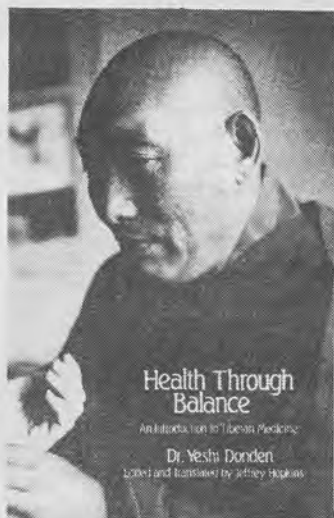
Peter Gold is presently in Tibet where he is writing a new book for us with the above title and taking many great photos. We just received a letter from him postmarked "Lhasa". He is very excited about this new book for Snow Lion. He claims that it captures the essence of "being there" among the life, land and spirit of Tibet. He has included in his essays and images the most important sacred and natural places, events and ways of life - those things travelers will very likely see but not fully comprehend from the guidebooks. A lot of attention is also given to Tibetan art, dance, and song. It will also be fully illustrated.

In terms of photos, Peter says, "I've shot about 20 rolls of film so far. Got some humdingers - lovely, rare, dramatic, symbolic, illustrative of most every essay and ideal for your Snow Lion cards, posters, bookcovers, etc.!!!" He signs off his letter with, "Best wishes from the altar of the earth. May your wind horse fly fast and high. With peace and love, Peter." We look forward to Peter's return and a wonderful book about Tibet.

The above three books: *Tibet: A Travel Guidebook*, *Have Fun Learning Colloquial Tibetan*, and *Altar of the Earth*, complement one another very well and will be a great addition to what is presently available. We hope to have all these books out next spring. More details and ordering information on these titles will be given in our next catalog.

A few other books that we are presently working on and would like to mention are: *Memoirs of a Tibetan Lama* by Khyongla Rato Rinpoche (see the short article on Rinpoche in this issue), *Nagarjuna's Seventy Stanzas: The Buddhist Psychology of Emptiness* by David Komito with Sonam Rinchen Rinpoche (this book will be especially interesting to psychologists), an expanded edition of *Tibetan Therapeutic Massage* by Dr. Lobsang Rapgay, *Working with Anger: An Approach From Tibetan Medicine and Meditative Psychology* also by Dr. Rapgay, and *Tibetan Medicine and Other Holistic Health-Care Systems* by Tom Dummer. Also Glenn H. Mullin is just finishing up his *Selected Works of the Thirteenth Dalai Lama: The Bodhisattva Warrior*. Included within the 'thirteenth' collection will be an important work on the four tantra sets.

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HEALTH THROUGH BALANCE: An Introduction to Tibetan Medicine by Dr. Yeshi Donden, Ed. & Trans. by Jeffrey Hopkins \$10.95

The fascinating Tibetan medical system has never been so clearly explained as in this collection of outstanding lectures presented at the University of Virginia in 1980. Tibetan medicine restores and maintains balance of the body's various systems through a variety of treatments which includes diet and behavior modification as well as the use of medicine and accessory therapy. The basic system has been enhanced by the practical findings of Tibetan physicians who have used the system for more than a thousand years.

In addressing the means for restoring health, Dr. Donden holistically considers factors of personality, age, climatic condition, diet, behavior, and physical surroundings. The great strength of Tibetan medicine is that it is delicately responsive to patients' complete symptom patterns—no complaint being disregarded. Its wide variety of curative techniques are described in this book.

"Dr. Donden is totally attuned to everything that is going on. He uses all his senses as his medical instrument. Our patients have been very impressed."—Dr. Gerald Goldstein, Univ. of Virginia

"I think this book is going to be the best work on Tibetan medicine ever to appear in English."—Dr. Barry Clark

252 pp., Illustrations, Bibliography, Notes, Index



KNOWLEDGE & LIBERATION by Anne Klein \$15.95, cloth \$27.50 From its inception, Buddhist philosophy has been concerned with defining and overcoming the limitations and errors of ordinary perception. This was essential to Buddhism's central purpose of establishing a path and method for attaining liberation. Conceptual thought, in this view, is

capable of leading to a liberating understanding, a transformative religious experience.

The author discusses the workings of both direct and conceptual cognition, drawing on a variety of newly translated Tibetan and Indian texts. This book is indispensable for anyone desiring a deeper understanding of the fundamental issues in Buddhist philosophy. It is also highly relevant to issues current in modern Western philosophy.

"Anne Klein's book presents vividly and intimately many concepts essential to a deeper understanding of Buddhist philosophy and in particular for realizing emptiness—the process of naming, positive and negative phenomena, direct perception, and more. I highly recommend this book!"—Prof. Jeffrey Hopkins, author.

Anne Klein has a Ph.D. in Religious Studies from the University of Virginia, where she specialized in Tibetan Buddhism. As a Fulbright scholar, she studied Buddhist epistemology and soteriology with leading Geluk and Nyingma scholars in India and Nepal. Since 1984 she has been a Lecturer in Religious Studies at Stanford University.

330 pp. approx. Glossary, Bibliography, Notes, Index, Fall 1986



THE GARLAND OF MAHAMUDRA PRACTICES: A Translation of Kunga Rinchen's Clarifying the Jewel Rosary of the Profound Five-Fold Path Trans. by Khenpo Rinpoche Konchog Gyaltsen Co-trans. & Ed. by Katherine Rogers. Intro. by H.H. the Drikung Kyabgon Chetsang Rinpoche \$9.95

Mahamudra or the Great Seal refers to a path to enlightenment taught by the Buddha and transmitted through the spiritual lineage of Tilopa, Naropa, Marpa and Milarepa. Gampopa, a disciple of Milarepa who lived in the 11th century, brought together these teachings of the Buddha into one five-fold path, to which his main disciple, Pakmo Druba gave the name "The Profound Five-Fold Path of Mahamudra".

Jigten Sumgon, the successor of Pakmo Druba, founded the Drikung Kagyu order and taught Mahamudra extensively. The fifteenth successor of Jigten Sumgon, Kunga Rinchen, known for the directness and clarity of his teachings, composed the text *Clarifying the Jewel Rosary of the Profound Five-Fold Path*. This text has been translated here by the Drikung Kagyu abbot, the Venerable Konchog Gyaltsen.

The Kunga Rinchen text is a manual of practical instructions for serious students who are practicing or would like to practice the path of Mahamudra in meditation. Khenpo Konchog Gyaltsen has

provided an extensive introduction to the text which explains many essential points of the five-fold path of Mahamudra practice.

140 pp. approx., Notes, Index, Winter 1987



HIGHEST YOGA TANTRA Daniel Cozort \$10.95

Highest Yoga Tantra is supreme among yogas. This presentation of the stages of Highest Yoga Tantra is based on a famous Tibetan text by the yogi/scholar Nga-wang-bel-den entitled *Presentation of the Grounds and Paths of the Four Great Secret Tantra Sets*, and draws heavily on oral commentary by the present Ganden Tri Rinbochay, H.H. Jambel Shenpen.

Part One discusses the practices common to sutra and tantra.

Part Two presents the generation stage of highest yoga tantra.

Part Three covers the entirety of the completion stage yogas:

- * physical isolation
- * verbal isolation
- * mental isolation
- * illusory body
- * clear light
- * union

Part Four compares the Kalachakra and Guhyasamaja stages of completion.

Remarkable for its definitive clarity, this exposition of the stages of highest yoga tantra is the first of its kind in the English language and a must for anyone interested in these highest tantras.

192 pp., Illustrations, Glossary, Bibliography, Notes, Index



THE SIX YOGAS OF NAROPA & TEACHINGS ON MAHAMUDRA by Garma C.C. Chang \$9.95

The Six Yogas of Naropa are among the most highly regarded practices of the highest yoga tantra class. By engaging in these six yogas, after the necessary preparation, the yogi's body, speech and mind are transformed into those of a Buddha and all the mundane and supermundane powers of an enlightened one are

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attained. The main practices of the six yogas are as follows:

- * Mystic Heat Yoga
- * Illusory Body Yoga
- * Dream Yoga
- * Clear Light Yoga
- * Bardo Yoga
- * Consciousness Transference Yoga

Mahamudra is a direct path to insight into the luminous nature of the mind - a total naturalness of mind comprised of relaxed equilibrium. *Teachings on Mahamudra* is composed of the following three texts:

- * Tilopa - *The Song of Mahamudra*
- * The Third Karmapa, Rangjang Dorje - *The Vow of Mahamudra*
- * Ven. Lama Kong Ka - *Essentials of Mahamudra Practice*

128 pp., Illustrations, Glossary, Notes



EMPTINESS YOGA by Jeffrey Hopkins, Co-ed. Joe B. Wilson \$19.95, cloth \$35

This is an absorbing and highly readable presentation of the highest development in Buddhist insight. Professor Jeffrey Hopkins—considered by many to be the foremost contemporary Western authority on Tibetan Buddhism—presents an in-depth, lively exposition on the compatibility of emptiness and dependent-arising as found in the Prasangika Madhyamika.

His commentary is based on Jang-gya's treatment of Prasangika Madhyamika which was used as a primary text in Tibet's largest monastery, Dre-bung. A translation of this text is interwoven with Prof. Hopkins' presentation.

The many reasonings used by Prasangika Madhyamika to analyze self and phenomena and to establish their true mode of existence as empty are presented in the context of the practice of meditation. This useful book helps the practitioner to avoid the pitfalls that attend the misapprehension of the meaning of emptiness by demonstrating its compatibility with nominal existence.

480 pp. approx., Glossary, Bibliography, Index, Fall 1986



A STUDY OF SVATANTRIKA by Donald S. Lopez, Jr. \$19.95, cloth \$35

This study presents for the first time in English a clear and extensive picture of the Svatantrika Madhyamika system through an analysis of issues and positions central to Indian philosophy during the final development of Buddhist thought in India. Several central issues are considered: the division of Madhyamika into Svatantrika and Prasangika, the meaning of emptiness, the root cause of suffering, the division of objects of knowledge into the two truths, and the types of reasoning employed to refute the existence of a self. Included are overviews of Madhyamika in general and Svatantrika in particular.

Studies of the Svantrika school have been limited in the past by the fact that most of the important Sanskrit texts were lost. These texts were fortunately preserved in Tibetan translations. The Svatantrika school is approached on three levels: first, from the writings of its founders and their followers in India, second, from expositions by notable lamas such as Jamyang-shay-ba and Jang-gya, and third, from contemporary oral commentaries by Tibetan scholars in exile.

450 pp. approx., Glossary, Bibliography, Index, Fall 1986



MIND IN TIBETAN BUDDHISM by Lati Rinbochay, Trans., Ed. & Intro. by Elizabeth Napper \$10.95

Buddhist practitioners in the great Tibetan monasteries of Lhasa, seeking to purify their minds and develop the correct understanding necessary for final enlightenment, began their formal inquiry into mind and consciousness by studying *The Presentation of Awareness and Knowledge*.

This important text identifies the different types of minds and consciousnesses, their divisions and definitions. It presents the vocabulary connected with the mind and is a means of training the student in the process of reasoning—an endeavour integ-

rally linked with all steps of traditional monastic training.

Lati Rinbochay provides rich and extensive commentary and elucidates the penetrating instructional methods Tibetans use in their quest for higher knowledge.

In her introduction, Elizabeth Napper explains the context of this work within the Indian and Tibetan traditions and outlines the principal divisions of consciousness and mind.

"...a valuable work written in concise form...clearly translated...oral commentary on the textbook is extensive and sparkling. A valuable contribution."—Prof. Janice Willis, *Religious Studies Review*

181 pp., Glossary, Bibliography, Notes, Index, Tibetan Text. Fall 1986



DEATH, INTERMEDIATE STATE AND REBIRTH by Lati Rinbochay, Trans., Ed. & Pref. by Jeffrey Hopkins \$6.95

Anyone interested in the stages and process of death and dying will find this book indispensable. The Highest Yogas Tantras are based on simulating the processes of death, intermediate states and rebirth, so it is important for the practitioner to know how humans die—the stages of death and the physiological reasons behind them. This text unfolds in minute detail the complex Tibetan Buddhist system of subtle physiology—providing complete exposition of the channels, drops and winds which serve as foundations for consciousness.

It is essential for the practice of the two stages of the path in Highest Yoga Tantra to have an understanding of the bases to be purified: death, intermediate state and rebirth. Yang-jen-ga-way-lo-dro's text with Lati Rinbochay's and Prof. Hopkins' commentary closely examines these processes and stages.

In the foreword by H.H. the present Dalai Lama, he offers practical, mature advice on how, through correctly approaching the death experience, its spiritual potential can be enhanced for everyone involved.

"Hopkins has given us numerous translations of important Tibetan Buddhist texts. All of his works bear the stamp of authority. The present volume is a fine example. The work forms an excellent companion volume not only to the Buddhist texts known as the *Tibetan Books of the Dead*, but also to contemporary Western works on death and dying...handsomely arranged with numerous charts and an excellent bibliography."—Prof. Janice Willis, *Religious Studies Review*

86 pp., Charts, Bibliography, Notes, Index

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TRANSLATING BUDDHISM FROM TIBETAN: An Introduction to the Tibetan Literary Language and the Translation of Buddhist Texts from Tibetan by Joe Wilson, Jr.

Based on the system developed by Jeffrey Hopkins at the University of Virginia, this book presents in lesson form, with drills and reading exercises, a practical introduction to the grammar, syntax and conceptual vocabulary of the Tibetan language used in Buddhist works on philosophy and meditation. The book, which is accompanied by cassettes in Tibetan for use with the drills and exercises, serves both as an introduction to reading and translating Tibetan and as an introduction to the central ideas of Buddhist philosophy and meditation.

Textbook & Cassettes, Winter 1987, price not yet available



PRAYER FLAGS: The Spiritual Life and Songs of Jigten Sumgon by Khenpo Konchog Gyaltsen \$6.95

This delightful book, containing timeless messages, features the writings of the great Jigten Sumgon. Highlighted is a clear exposition of the profound tantric teaching of mahamudra. Also contained herein are vajra songs and biographies of Gampopa, Phagmodrupa, Jigten Sumgon and Acchi.

The great Jomgon Kongtrul in describing the influence of Jigten Sumgon wrote:

The mountains are filled with Drikungpa practitioners. And the plains are filled with Drikungpa patrons.

Many of Lord Jigten Sumgon's disciples attained enlightenment in one lifetime.

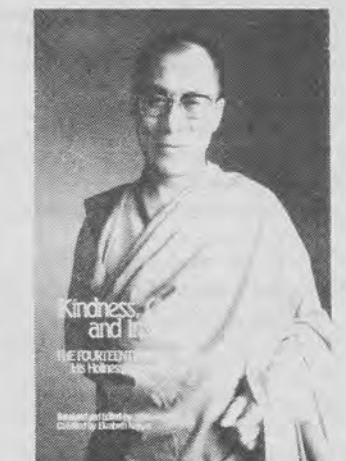
105 pp. approx., Notes, Winter



THE JEWELLED STAIRCASE by Geshe Wangyal \$11.95

During the 28 years that the late Geshe Wangyal taught in the United States he emphasised the need for a firm basis in the fundamentals of Buddhist doctrine. *The Jewelled Staircase* is his legacy to us—a collection of key topics which Geshe-la considered essential for Western Buddhists to understand. Based on classical texts, the author presents the material in a way that is very straight-forward and relevant. His skill as a teacher is evident in this book—the culmination of his life's work. Jeffrey Hopkins and Robert Thurman are two of his most illustrious students.

The Jewelled Staircase is organized according to traditional lamrim teachings. Geshe-la translated and adapted traditional presentations of the materials by well-known authors. He has done an excellent job of clarifying their meaning for students who lack the background of a Tibetan scholar. Index, Notes, Winter



KINDNESS, CLARITY, AND INSIGHT by H.H. the Fourteenth Dalai Lama Trans. & Ed. by Jeffrey Hopkins, Co-Ed. by Elizabeth Napper \$10.95

This best-selling book contains a collection of talks given by the Dalai Lama to Western audiences during his tours of North America. His Holiness covers a wide variety of spiritual and human concerns in a practical and direct manner with his characteristic warmth, wit and perception.

Topics include: compassion, training the mind, deities in Tibetan Buddhism, the mind of clear light, religious values and human society, Om Mani Padme Hum, Tibetan views on dying, karma, altruism and the six perfections, the two truths, meditation, self and selflessness, the path to enlightenment and emptiness. A concluding discourse explains the basic meeting points of thought between the old and new schools

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in Tibet—especially the Nying-ma and Ge-luk—to show their common aim, despite their use of different techniques, to manifest the innate mind of clear light.

Not limited to Buddhists or religious believers, his message speaks to all humanity of the importance to the very fabric of society of kindness, love, and compassion. It is a message of hope, both in terms of the potential for individual and social transformation, and in terms of the indomitable human spirit.

"Hopkins has done an excellent translating and editing job, making the often-difficult terms and doctrines very accessible...gives the reader an insight into contemporary Tibetan Buddhism as presented by the gentle, intelligent exiled leader of the Tibetan people. This is an excellent book, suitable for both academic and public libraries."—Choice

239 pp., Photos, Glossary, Bibliography, Index



TANTRIC PRACTICE IN NYING-MA by Khejtsun Sangpo Rinbochay, Trans. & Ed. by Jeffrey Hopkins, Co-edited by Anne Klein \$12.50

Rinbochay's commentary on the *Instructions on the Preliminaries to the Great Perfection Teaching* contains the classical Nying-ma presentation of the Tantric practices which lead to the realization of Buddhahood.

Part One: External Preparatory Practices—setting the proper motivation, meditation on impermanence and the faults of cyclic existence, suffering, karma, and reliance on a spiritual guide.

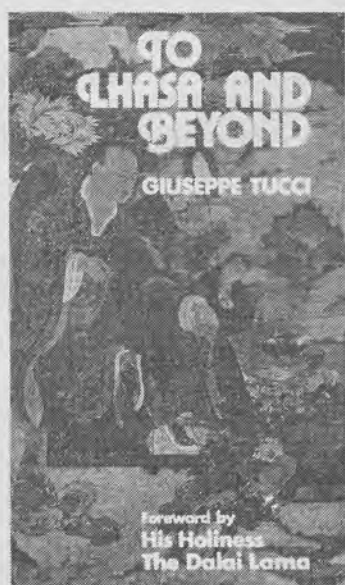
Part Two: Internal Preparatory Practices—refuge in the triple gem, generating the mind of enlightenment, Vajrasattva purification meditation, offering mandala, Chod practice of cutting attachment, and guru yoga.

Part Three: The Great Perfection—the direct path of breakthrough and leap-over to realize the Buddha-mind of essential purity and spontaneity.

Part Four: Daily Recitations and Meditations—practices to actualize the teachings of the previous sections.

"...this text offers an all-encompassing presentation of the Vajrayana expression of Mahayana philosophy and practice...the virtue of this work is its technical completeness...avoids the pitfalls of being a mere text translation. There is much here for repeated reading, contemplation and absorption."—Prof. Harvey Aronson, Stanford University

239 pp., Glossary, Bibliography, Notes, Index



TO LHASA AND BEYOND by Giuseppe Tucci, Foreword by His Holiness the Dalai Lama \$17.95 cloth

Prof. Giuseppe Tucci was both a renowned orientalist and adventurer. He has received many awards and honors for his scholarship, and his publications on history, art, archaeology and ethnology have been translated into many languages.

To Lhasa and Beyond is a fascinating account of Tibet as it was prior to the upheavals following the Chinese take-over in 1959. Prof. Tucci takes the reader along the roads he followed in 1949 and reveals the people, religion, art, customs and landscape of a country that very few Westerners ever had the opportunity to see—Tibet was a free country and its high civilization was intact.

Intimate in style, this travelogue vividly captures for the reader Prof. Tucci's experiences in Tibet. Not only is this book entertaining, it is also enriched by his vast knowledge of Tibetan art and culture. Replete with nearly one hundred photos and illustrations, this book is both a literary and visual splendor.

"Tucci's description of the timeless civilization of the Tibetan people is as perceptive and relevant today as it was when he wrote the book thirty years ago. It is hoped that this book will contribute towards a better understanding of the Tibetan people and their values."—His Holiness, the Dalai Lama

193 pp., 95 Illustrations, Notes, Index.



COMPASSION IN TIBETAN BUDDHISM Trans. & Ed. by Jeffrey Hopkins Co-ed. by Anne Klein \$10.95

Compassion in Tibetan Buddhism presents methods for generating compassion according to oral and written traditions of Tibetan Buddhism. Its chapters unfold the

stages of the bodhisattva's development and provide practical instruction for aspirants to Buddhahood.

Part One: [Meditations of a Tantric Abbot] by Kensur Lekden (1900-71), abbot of the Tantric College of Lower Lhasa, Tibet during the 1950's. Intimate in style, these meditations take one through the steps of cultivating altruism and describe in lively detail how to reflect on personal relationships so that heartfelt love and compassion are generated. These "meditations" were given in America in 1970.

Part Two: [Way of Compassion] is a work by Tibet's great 14th century yogi/scholar Tsong-ka-pa entitled *Illumination of the Thought*. In a philosophic as well as practical context the importance of compassion at all levels is surveyed, detailing its types, and describing the deeds motivated by it.

The combination of Kensur Lekden's meditations and Tsong-ka-pa's detailed explanation affords a unique blend of the oral and written traditions of Tibetan Buddhism on the principal motivation for enlightenment, compassion. Vast and profound, these teachings shine with the sun of Buddha's doctrine reflected so brightly in the snows of Tibet.

"...the Madhyamikas have, in the last two thousand years, created an impressive body of literature, an example of which has now been translated by Jeffrey Hopkins and Kensur Lekden."—Prof. David Komito, *Journal of the American Academy of Religion*

263 pp., Glossary, Bibliography, Notes, Index



Selected Works of the Dalai Lama I: BRIDGING THE SUTRAS AND TANTRAS by Glenn H. Mullin \$12.95

In sixteen works ranging from mind training to Highest Yoga Tantra, the emphasis is on practice in this collection of Buddhist texts by the first Dalai Lama, one of Tsong-kha-pa's brightest disciples. Major topics include:

Kalachakra Tantra: initiation into and practice of the most sophisticated Highest Yoga Tantra. A summary of the structure and methodology of the six completion stage yogas, representing the highest and most powerful teachings of the Buddha brought to Tibet, are translated here by permission of His Holiness, the present Dalai Lama.

Arya Tara: probably the most widely practiced devotions among both Tibetan and Western Buddhists. Included with the Twenty-one Verses in Praise of Arya Tara—a basis for numerous Tara practices—are the complete texts for three popular sadhanas of Green and White Tara practice.

Lo-jong: the heart of all Mahayana teachings. A detailed commentary on the seven aspects of Atisha's method of training the mind to develop the Bodhisattva spirit, through transforming every activity into a spiritually significant event.

In addition to two texts on emptiness, and a beautiful biography of the Buddha entitled *Crushing the forces of Evil to Dust*, a traditional biography of the First Dalai Lama as well as biographical sketches on all fourteen Dalai Lamas is included.

"There is no other book on the market that offers the same selection of information in such a concise form."—Prof. Roger Jackson, Carleton College

"...a genuine and valuable contribution to the growing library of works which illumine Tibetan Buddhism."—Janice D. Willis, *Religious Studies Review*

"...recommended as the real nuts and bolts of Kadampa practice."—Mark Tatz, *Tibetan Review*

288 pp., Illustrations, Notes, Bibliography, Glossary, Index



Selected Works of the Dalai Lama II: TANTRIC YOGAS OF SISTER NIGUMA by Glenn H. Mullin \$10.95

The Second Dalai Lama elucidated important teachings from the lesser-known sects and lineages of Tibetan Buddhism. Their special treatment of popular tantric traditions, such as Yamantaka and the yogas of Naropa, are presented here in English for the first time.

In this collection of sixteen texts, Glenn Mullin has chosen works that vividly convey the Second's scriptural mastery and breadth of tantric experience. The four main texts translated here include:

Tantric Yogas of Sister Niguma: these explicit, extraordinary yogas are a special lineage of the six yogas of Naropa transmitted by his consort, the dakini Niguma, which forms the basis of the Shang-pa Ka-gyu Sect.

Vajrabhairava Tantra (Yamantaka): teachings on the generation and completion stages.

Four tenet systems: an excellent survey of the structure and historical development of Indian Buddhism's principal schools, outlining their definitive doctrinal distinctions.

Flower essence pills: detailed instruction in the practice of making and empowering flower essence pills that free the practitioner from the need for ordinary foods.

In addition to texts on selflessness, guru yoga and emptiness, a traditional biography of the Second Dalai Lama, and brief biographical sketches of all fourteen Dalai Lamas are included.

"the great cover is an indication of the great book that follows. Even for the beginner there is a huge amount of information..."—Sonny Cook, Gaden Choling

240 pp., Illustrations, Notes, Bibliography, Glossary, Index



Selected Works of the Dalai Lama III: ESSENCE OF REFINED GOLD by Glenn H. Mullin, Commentary by H.H. the present Dalai Lama \$10.95

The Third Dalai Lama's famous work *Essence of Refined Gold* is a powerful exposition on Atisha's *A Lamp for the Path to Enlightenment*, the basis of Lam-rim (teaching on the stages of the path).

Continuing this living tradition to the present day, Tenzin Gyatso, the present Dalai Lama, provides an extensive commentary to *Essence of Refined Gold* drawn from his own penetrating experience. His discourse comprises the main body of this text and alternates between personal reflections, direct spiritual advice and scriptural quotations. He elucidates in practical terms what the student must do to attain enlightenment.

Also included in this volume is the *Lam-rim Preliminary Rite*, a beautiful guide to the Avalokiteshvara tantric methods entitled *The Tantric Yogas of the Bodhisattva of Compassion* and several verse works. A traditional biography of the Third Dalai Lama by Tsechok Ling Gyal-tsen is given as an appendix.

"...presented in a practical and understandable form...delightfully illustrated, well-printed and highly recommendable as a practical guide to Tibetan Buddhism"—Soami Sariputra, *The Theosophist*

271 pp., Illustrations, Notes, Biography, Glossary, Index \$10.95



Selected Works of the Dalai Lama VII: SONGS OF SPIRITUAL CHANGE by Glenn H. Mullin \$10.95

The Seventh Dalai Lama is often considered the greatest of the early Dalai Lamas. He wrote extensive commentaries on the

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Tantras, and over a thousand mystical poems and prayers. *Songs of Spiritual Change* is a highly valued collection of tantric songs and poems of spiritual instruction for taming and developing the mind. His inspired verse is an outpouring of Himalayan spirituality, an unique presentation that appeals to the heart as well as head.

"Vital energies generated by inner of outer means
Are drawn into one's own central channel,
Causing the mystic fires to blaze.
Inspire us thus to gain great insight
Into the innately produced great bliss
Generated by the touch of the secret drop."—page 162

Included is a biography of the Seventh Dalai Lama as well as biographical sketches of all fourteen Dalai Lamas.

"...inspiring...of immense importance to all the major Tibetan Buddhist sects..."—Prof. Janice D. Willis, Wesleyan University
"Mullin's translations read well... these songs, reminiscent in many ways of those of Milarepa... reveal a side of dGe-lugs-pa that so far has been little known in the West, perhaps helping to put an end to the stereotype of that order of Tibetan Buddhism as one merely concerned with pedantry and scholasticism."—Parabola

205 pp., Illustrations, Glossary, Bibliography

"It is as though a new dimension has been added to the stock of world civilization. I commend these translations of Mr. Mullin to the reading public throughout the world."—Prof. A.L. Basham, University of Toronto

Selected Works of the Dalai Lamas presents for the first time in the West the writings and life stories of each of the fourteen Dalai Lamas. The Dalai Lamas are renowned for their wisdom and compassion, and this series of books contains essential drops of nectar from their writings.

The compiler, translator and editor of this series, Glenn H. Mullin, joined the Buddhist Studies Dept. at the Library of Tibetan Works and Archives, Dharamsala, India, in 1972. He is a member of the LTWA's Research and Translation Bureau, and has published numerous books and monographs with the Tibetan Library. His special focus has been the life and works of the previous Dalai Lamas (First to Thirteenth). In the early 80's he began the present series for Snow Lion Publications.



FACES OF TIBET \$5.00 ea.

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In this seminar, the Venerable Tara Tulku gives us an overview

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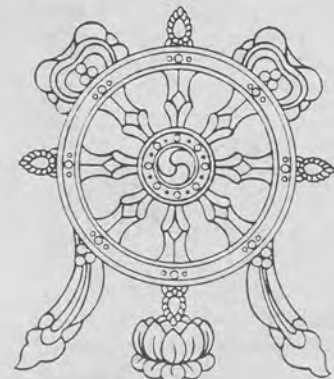
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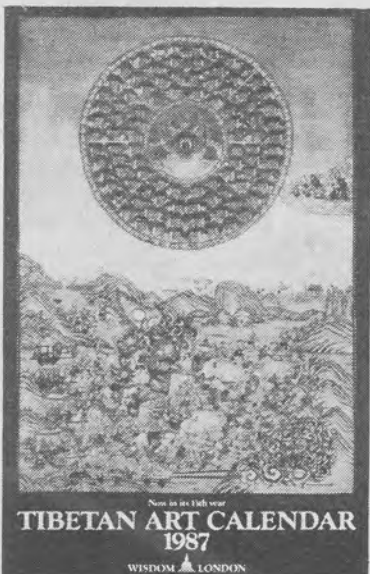
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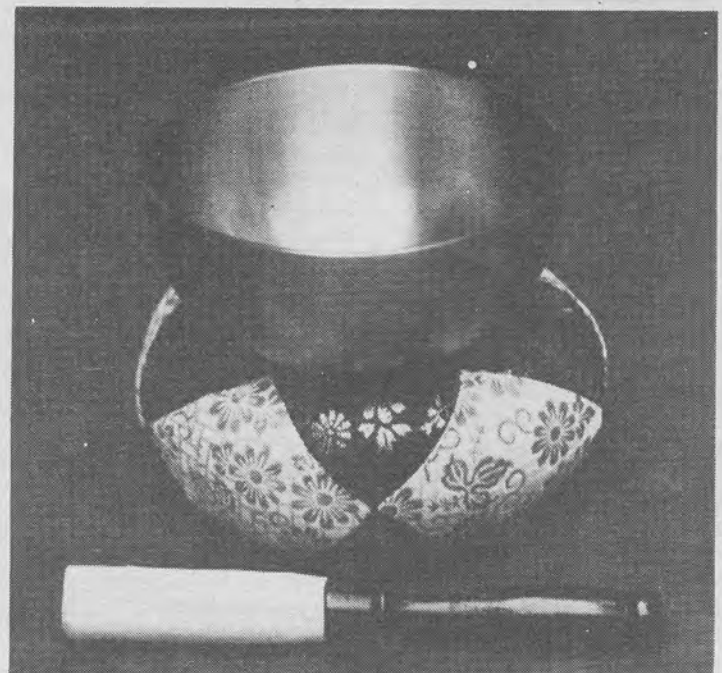
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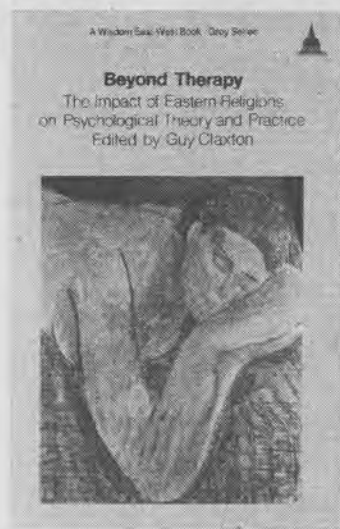
This booklet contains the second chapter of Chandrakirti's commentary to Nagarjuna's treatise on the middle way. Through a masterful analysis of going and coming he shows how the Madhyamika handles the problem of existents.

AN ANTHOLOGY OF WELL-SPOKEN ADVICE ON THE GRADED PATHS OF THE MIND, by Geshe Ngawang Dhargyey. 441 pp. \$15

Compendium of oral teachings based primarily on Kyabje Pabongka's *A Personal Gift for Being Utterly Freed* and Tzongkapa's *A Grand Presentation of the Graded Paths of the Mind*. It includes many anecdotes and instructions from Kyabje Trijang Dorjechang, the late tutor to the Dalai Lama. This excellent book covers in depth the foundations of spiritual practice.

ARYASURA'S ASPIRATION AND A MEDITATION ON COMPASSION, by H.H. the Dalai Lama, trans. Brian Beresford. \$6.95

A bodhisattva's aspirational prayer in seventy stanzas by Aryasura is supplemented by a rare commentary based on that of the second Dalai Lama. This is followed by a reprint of a sadhana on the inseparability of the spiritual master and Avalokiteshvara with a discourse by the present Dalai Lama on the activation of compassion and bodhicitta. (bi-lingual)



BEYOND THERAPY: The Impact of Eastern Religions on Psychological Theory, ed. Guy Claxton. 352 pp. \$18.95

Guy Claxton, a psychologist at University of London, Chelsea College, has gathered together here views from psychologists present at a recent British Psychological Society conference on *Buddhism and Psychology*. The subject is the impact of psychological thought on Buddhism.

Two areas are covered. First the theoretical is examined: Buddhist ideas about self, identity and personality and how these go beyond or can be interpreted in terms of current psychological concepts. Secondly, the contributors look at the practical application such as research on meditation, the value of contemporary

therapeutic techniques and the question of spiritual development and personal development.

CHO-GA: Tantric and Ritual Music of Tibet Cassette \$8.95

A unique anthology of tantric instrumental music and chants performed by Tibetan lamas. Recorded in monasteries, this tape contains powerful mantric rituals of this profound culture. Represented here are the monasteries of Gyuto, Gyume, Drepung, Ganden, Sera, and Namgyal Dratsang, the private monastery of the Dalai Lama. This tape contains a wide variety of chanting styles and is one of the best we know of.

CHO-YANG Council for Religious and Cultural Affairs of H.H. the Dalai Lama \$12

This is a great magazine—full of information and many photos on the rich heritage of Tibet. Essays include: Kalachakra and the initiation in Switzerland; life and training of monks in exile; an oral teaching by H.H. the Dalai Lama on training the mind; Buddhist nuns; folk-opera of Tibet; Bonpo religion; history of the Taglung Kagyu tradition. This is the first edition of this semi-annual magazine, and we recommend it to our readers.

A CULTURAL HISTORY OF TIBET, by David Snellgrove & Hugh Richardson. 291 pp. \$12.95

This is a comprehensive survey of a rapidly vanishing civilization, in which the authors trace the evolution of Tibetan culture from its sixth-century pre-Buddhist origins through the introduction of Buddhism, the rise of the great monasteries, the rise of the "Yellow Hats," and the establishment of the Dalai Lama, to Tibet's fall to the communists in 1959. Contains many photos.

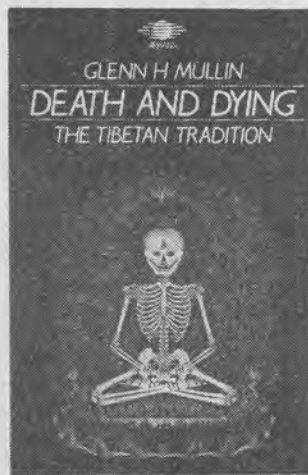
DAILY RECITATIONS OF PRELIMINARIES, by Library of Tibetan Works and Archives. \$2.50

Contained here are the Tibetan, phonetic and translated versions of requisite practices such as the seven-limbed puja, the mandala offering, praise to Manjushri and others.



DAUGHTER OF TIBET, by Rinchen Dolma Taring. 300 pp. \$16.95

Mary Taring was born in 1910 into one of the oldest families in Tibet and grew up in the closely-knit world of Tibetan nobility—a Buddhist society almost untouched by Western influence. She first married Dasang Dadul Tsarong, one time Commander-in Chief of the Tibetan army, and later Jigme Taring, a prince of Sikkim. Since its first appearance in 1970, a new chapter has been added to her story telling of her work among Tibetan refugees in India.



DEATH AND DYING: The Tibetan Tradition by Glenn H. Mullin \$12.95

The Tibetans regard an understanding of death and dying as of paramount importance and over the centuries have developed a wide and detailed reservoir of materials on death, dying and the after-death experience. This fascinating survey draws on nine Tibetan texts—including the famous *Tibetan Book of the Dead*—written by Tibet's foremost spiritual authorities. It covers topics such as meditation techniques to prepare for death, inspirational accounts of the deaths of saints and yogis, and methods to facilitate the transition to new modes of consciousness at death.

DEBATE IN TIBETAN BUDDHIST EDUCATION, by Dan Perdue. \$5.95

An introduction to Tibetan debate, as well as Buddhist logic and epistemology.



THE DHARMA THAT BENEFITS ALL BEINGS IMPARTIALLY LIKE THE LIGHT OF THE SUN AND MOON, by Kalu Rinpoche. 222 pp. \$9.95

A major collection of teachings by the Venerable Kalu Rinpoche. These talks were given to Western audiences in the United States. The subjects cover: Mahamudra, women, siddhi, vows, mandala, bardo, the four dharma's of Gampopa, the four noble truths, and a chapter on his teachings in North America.

THE EIGHT PLACES OF BUDDHIST PILGRIMAGE, by Jeremy Russell. \$3.50

The Buddha said, "After my passing away, the new monks who come and ask of the doctrine should be told of these places and advised that a pilgrimage to them will help purify the previously accumulated negative karma, even the five heinous actions." Jeremy Russell offers information and inspiration to all those interested in these eight places of vital spiritual and historical importance.

ESSENCE OF BUDDHISM: Teachings at Tibet House, 212 pp. \$10.95

Since 1982, Tibet House has annually hosted teachings by outstanding Tibetan masters of the four Tibetan Buddhist traditions.

These talks have been preserved in this volume.

1. *Partings from the Four Clings* by Kyabgon Sakya Trizin Rinpoche, head of the Sakya Tradition.

2. *Four Mindfulnesses* by Kyabje Yongzin Ling Rinpoche, senior tutor to His Holiness the Dalai Lama and 97th Throneholder of Ganden.

3. *Heart Treasure of the Enlightened Ones* by Kyabje Dilgo Khyentze Rinpoche, a leading master of the Nyingma Tradition.

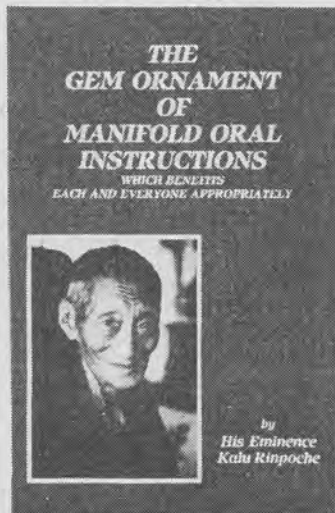
4. *Mental Peace and Enlightenment through Meditation* by the Venerable Lama Kalu Rinpoche, a great meditation master of the Kagyu Traditions of Tibetan Buddhism.

FLOWER ORNAMENT SCRIPTURE: THE AVATAMSAKA SUTRA, Vol. 1, by Cleary. 703 pp. \$40.00 cloth

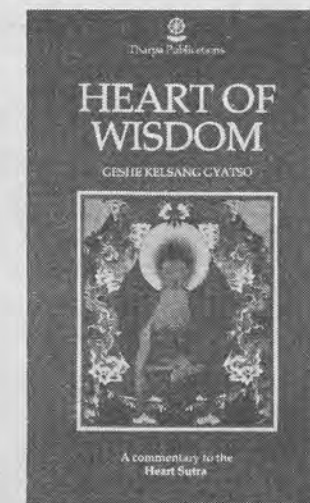
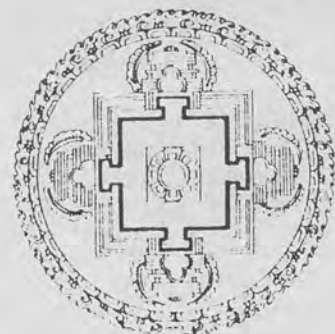
This sutra is thought by many to be the consummation of Buddhist thought and experience. Its grandeur of conception, depths of feeling and the gigantic scale of composition, shape what were once abstract truths into concrete symbols—and deliver the vision of a vast system of universes as present in the smallest particle of matter. Contents: the appearance and meditation of the Buddha; formation of the worlds, Vairocana; awakening by light; purifying practice; ascent to the peak of Mount Sumeru; ten abodes, practices, and inexhaustible treasures; ascent to Tushita Heaven.

FLOWER ORNAMENT SCRIPTURE: THE AVATAMSAKA SUTRA, Vol. 2, by Cleary. 448 pp. \$40.00 cloth

See description of volume 1. Contents: ten concentrations; qualities and marks of the Buddha; ten superknowledges; dwelling places of enlightening beings; ten stages; practice of universal good.



THE GEM ORNAMENT OF MANIFOLD ORAL INSTRUCTIONS WHICH BENEFITS EACH AND EVERYONE APPROPRIATELY, by His Eminence Kalu Rinpoche. \$12.95 This volume of talks by Rinpoche includes the three yantras, an extensive description of Ngondro practices, vows, shamatha with and without object of meditation, and mahamudra.



HEART OF WISDOM, by Geshe Kelsang Gyatso. \$10.95 Now Here!

Because of its condensed form and the profundity of its subject, the Heart Sutra is difficult to understand correctly without a clear commentary by a qualified master. *HEART OF WISDOM* provides both explicit and implicit meanings of the sutra, and relates them to the five Mahayana paths to enlightenment. An invaluable guide for practitioners and students!

THE HERUKA BODY-MANDALA SADHANA \$12

Restricted to those who have had the appropriate level of initiation. Limited supply of these unbound Tibetan style texts (in English). Part 1: Concise Lam Rim by Lama Tsong Khapa. Part 2: Sadhana of the Body mandala of the Bhagavan Chakrasamvara by Pabonkha Rinpoche. Part 3: The Yoga of the Three Purifications of Shri Heruka by Pabonkha Rinpoche. Part 4: The Abbreviated Sadhana of the Body Mandala of the Glorious Chakrasamvara. Part 5: Heruka Tsong.



HIDDEN TEACHINGS OF TIBET: An Explanation of the Terma Tradition of the Nyingma School of Buddhism, by Tulku Thondup. 240 pp. \$18.95

There have been many occasions in world history when scriptures and material objects have been discovered miraculously. The Nyingma school is rich in such a tradition. Dharma Treasures, Terma, have been concealed and later discovered at appropriate times by realized masters. These Discoverers of Dharma Treasures, *Tertons*, have over the centuries round thousands of volumes of scriptures and sacred objects hidden in earth, water, sky, mountains, rocks and mind.

This tradition of passing on teachings of the great ninth century saint, Guru Padmasambhava, is elaborated here by a Nyingma lama, Tulku Thondup.

ADDITIONAL NEW TITLES

A Wisdom International Book, 400th Edition

In Praise of Tara
Songs to the Saviouress
Martin Willson



IN PRAISE OF TARA: SONGS TO THE SAVIOURESS. Trans. & Ed. by Martin Willson. 480 pp. \$26.95

Tara has inspired some of the most marvellous Buddhist literature throughout the centuries, and collected here is a good proportion of it, translated from Sanskrit and Tibetan. Included are a history of the origin of the Tantra of Tara, canonical texts, sadhanas for practice, and the lyrical praises to Tara of both Indian and Tibetan devotees. Included also are brief histories of the poets and writers themselves, and commentary and explanation throughout by Willson.

It is thorough and scholarly, but at the same time inspirational and an expression of devotion to Tara, one of the most popular of all Buddhist deities.

A Wisdom Book, 400th Edition

Into every life a little Zen must fall
A Christian philosopher looks to Alan Watts and the East
Alan Keightley



INTO EVERY LIFE A LITTLE ZEN MUST FALL: A Christian Philosopher looks to Alan Watts and the East. by Alan Keightley. 192 pp. \$12.95

A committed and open-hearted Christian, Alan Keightley became inspired by the works of Watts, Krishnamurti and the ideas of the East, as well as the approaches of thinkers such as Ludwig Wittgenstein, during his theological and philosophical studies in the early seventies.

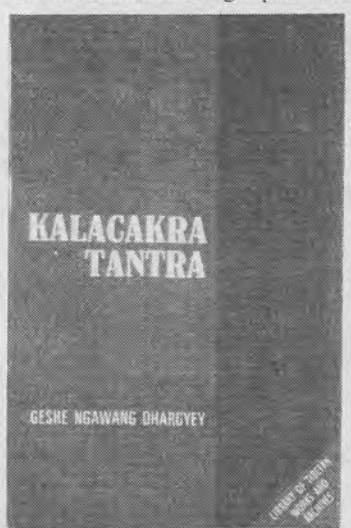
From the standpoint of a Western Christian he eloquently and with the conviction of experience shows the need for each one of us to break through the institutionalized, frozen idea of religion and god-out-there, and to awaken to the very real God within.

Alan Keightley has researched into Wittgenstein's philosophy and its implications for our understanding of religion. He is the head of Religious Studies at King Edward VI College.

THE JEWEL ORNAMENT OF LIBERATION. by Gampopa, trans. & ed. by Guenther. 353 pp. \$14.95

A comprehensive and authoritative exposition of the stages on the Buddhist path. Describes the special training necessary to attain

enlightenment. It explains how an enlightened attitude is strengthened by practicing the six perfections and offers a concise presentation of Buddhism as a living experience.

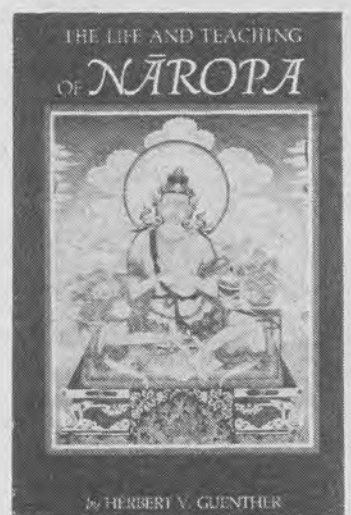


KALACHAKRA TANTRA. Geshe Ngawang Dhargyey. 180 pp. \$12.00

Originally an oral teaching, this book provides a sound explanation for those interested in engaging in the practice of Kalachakra. It contains tantric information pertinent to practitioners of any highest yoga tantra. Topics include: the initiations, vows and pledges, cultivating the generation and completion stages, energy centers, winds, drops, taking the three bodies as the path, day and night Yogas.

KALACHAKRA DEITY POSTER 11 x 17 1/2" \$2.00

This poster is of the great thangka that also appears on the cover of *Kalachakra Tantra: Rite of Initiation*. It comes to us from India and the edges are a little wrinkled. Because we think you'll enjoy it, we are selling it at a reduced price. At the bottom of the poster are the mantras associated with the deity, written in Tibetan.



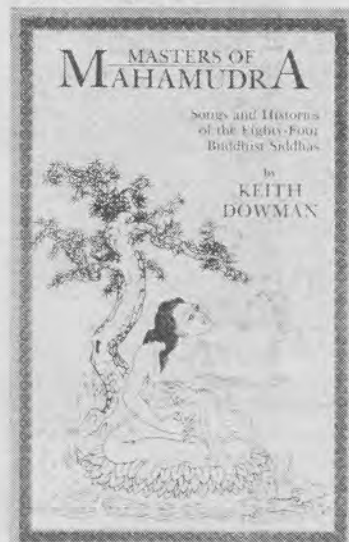
THE LIFE AND TEACHING OF NAROPA. by Herbert Guenther. 292 pp. \$9.95

Naropa's biography, translated by world-renowned Buddhist scholar Herbert V. Guenther from hitherto unknown sources, describes with great psychological insight the spiritual development of this scholar-saint of the Orient. It is unique in that it also contains the detailed analysis of his teaching that has been authoritative for the whole of Tantric Buddhism.

THE LIFE OF MARPA THE TRANSLATOR. Nalanda Translation Committee. 320 pp. \$12.95

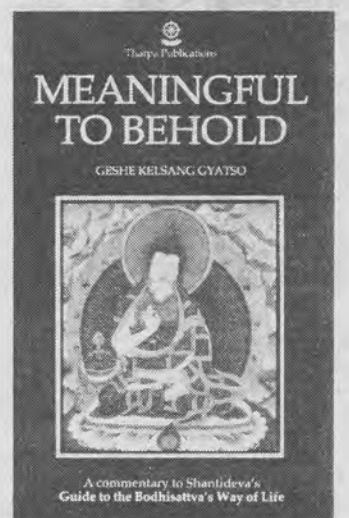
This lively and engrossing biography paints a vivid picture of an eleventh-century scholar and teacher who was one of the most renowned masters in Tibetan Buddhist history. Marpa, who, unlike many other Tibetan lamas, was a layman—a farmer and businessman who raised a family while

training his disciples—was instrumental in establishing Buddhist traditions in Tibet.



MASTERS OF MAHAMUDRA: Songs and Histories of the Eighty-Four Buddhist Siddhas, by Keith Dowman \$10.95

Mahamudra represents the inseparable union of wisdom and compassion, of emptiness and skillful means. These eighty-four masters accomplished this practice in India where they lived between the eighth and twelfth centuries. These siddhas, who led unconventional lives, include some of the greatest Buddhist teachers: Tilopa, Naropa, and Marpa among them. Keith Dowman has collected and translated their songs of realization and the legends about them. In consultation with teachers, he gives a commentary on each of the Great Adepts. His extensive introduction traces the development of tantra and discusses the key concepts of Mahamudra.



MEANINGFUL TO BEHOLD. by Geshe Kelsang Gyatso. \$14.95

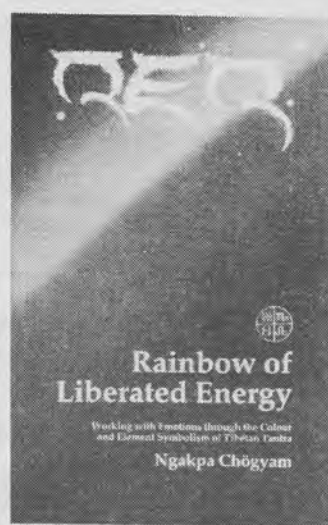
April
The first complete English commentary to Shantideva's classic work, *A GUIDE TO THE BODHISATTVA'S WAY OF LIFE*. It provides a clear verse-by-verse exposition of the full root text in accordance with the oral tradition transmitted to the author. A great book!

MEDITATIONS ON THE LOWER TANTRAS. by Glenn Mullin. \$7.95

A collection of texts and sadhanas by previous Dalai Lamas including the preliminary teachings for tantric initiation and texts for the practice of a dozen major deities such as Avalokiteshvara, Manjushri, Tara, Maitreya, Sarasvati, Sitatapatra, Vajra Vidarana, Vajrasattva Guru-Yoga.

RADIANT WISDOM. by Jamgon Konrul. \$5.95

This text is the complete sadhana of the four Deities Meditation, a practice of the Shangpa Kagyu Lineage. It contains the Tibetan, phonetic and translated versions of the text.



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TIBET IS MY COUNTRY: An Autobiography of Thubten Jigme Norbu, brother of the Dalai Lama, as told to Heinrich Harrer, by Norbu. 300 pp. \$16.95

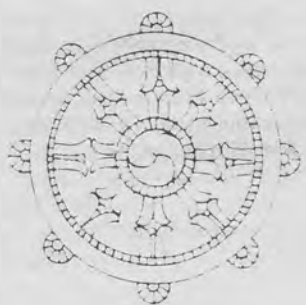
Heinrich Harrer has told in *Seven Years in Tibet* how he accompanied the Dalai Lama and his family on their flight from the Chinese Communists in 1951. For many years he kept a close friendship with Thubten Norbu, and together they wrote this book. Besides being the story of Norbu's own life, it is a uniquely authentic document about the last decades of Tibet's history. First published in 1960.



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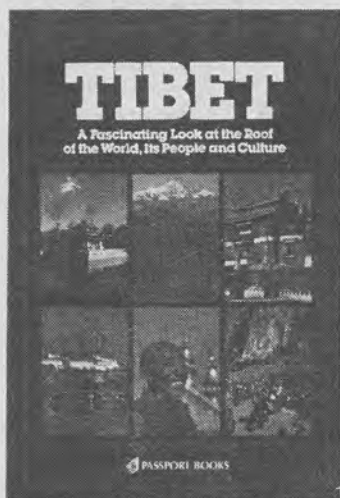
Their peaceful lifestyle was shattered by the incursion and final domination of the Chinese Communists in the 1950s. He tells of the bloody battles and the terrible suffering of his people, and finally of the murder of his family and his escape across the Himalayas to Dharamsala.



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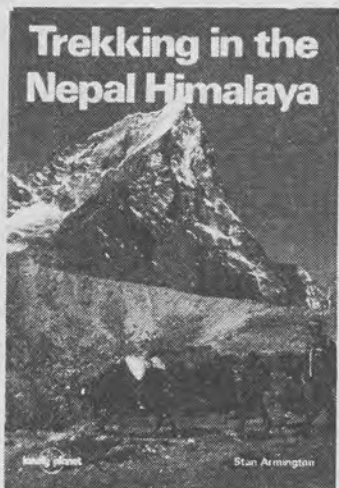
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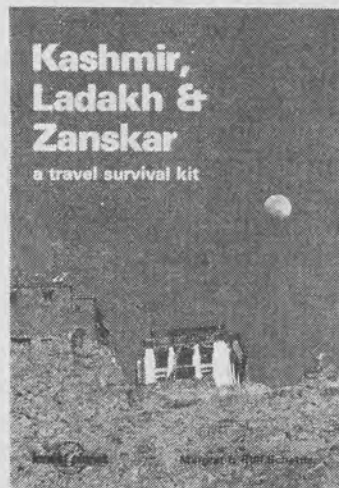
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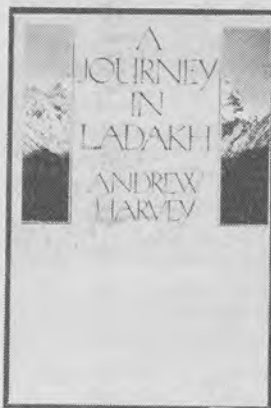
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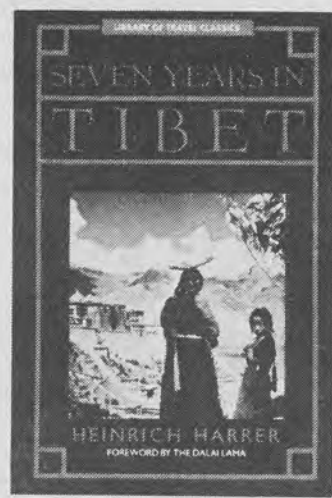
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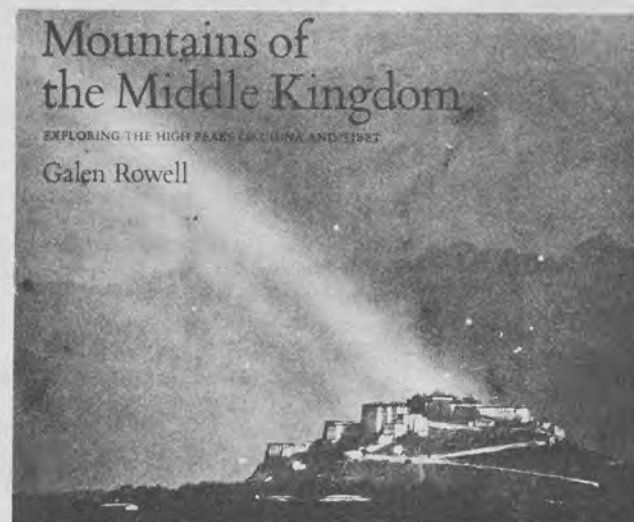
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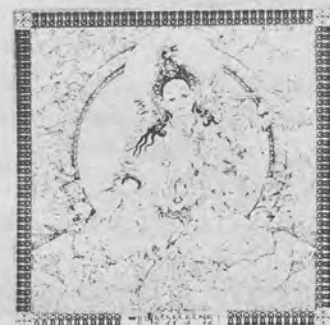


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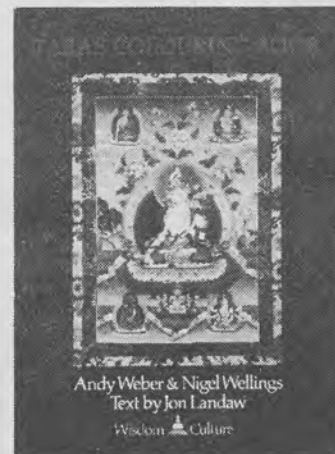
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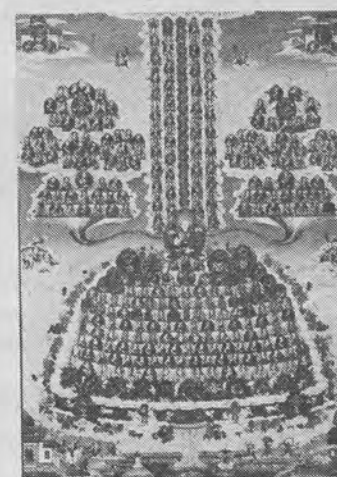
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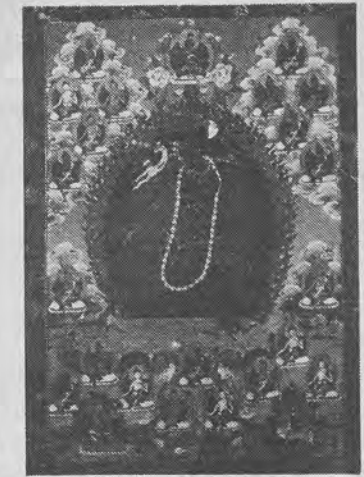
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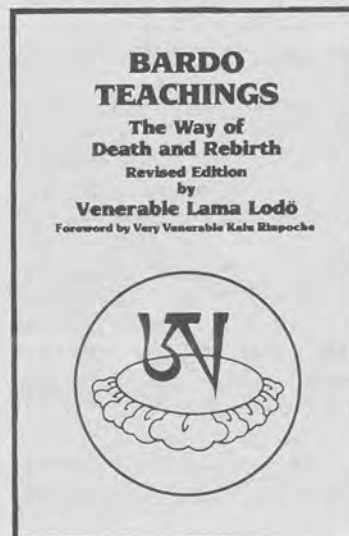
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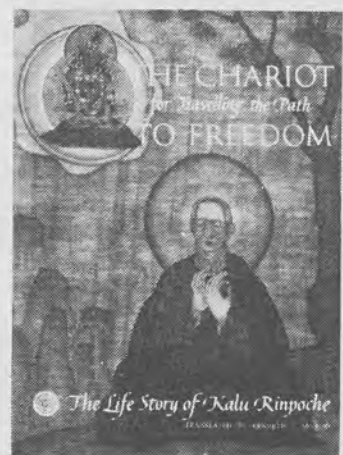
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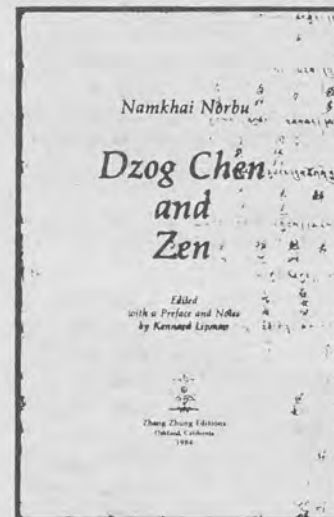
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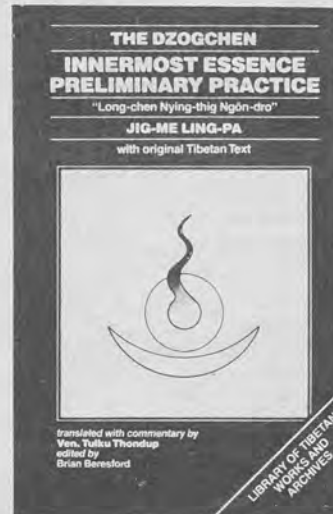
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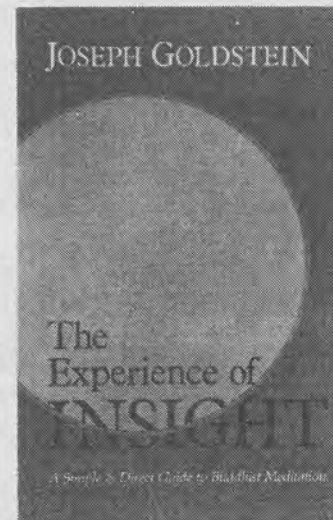
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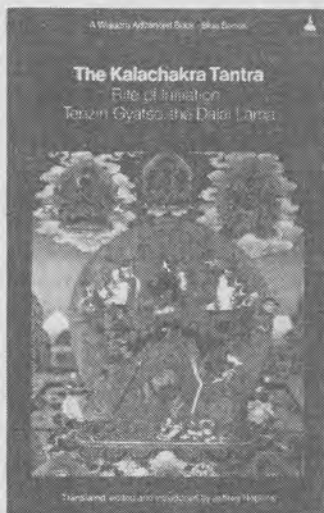
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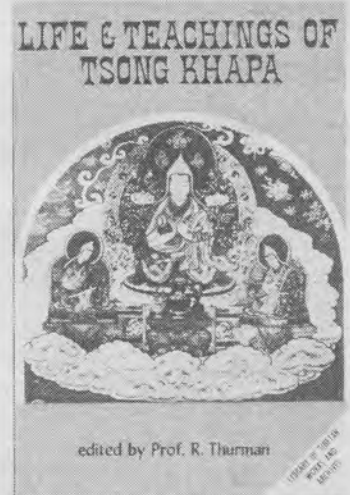
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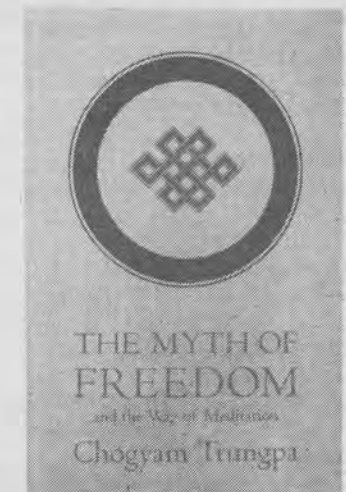
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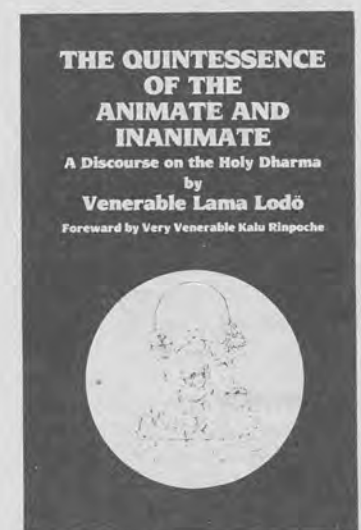
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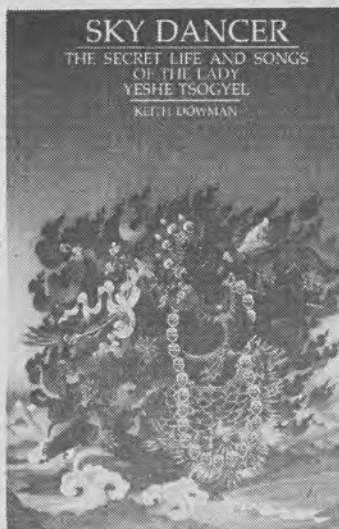
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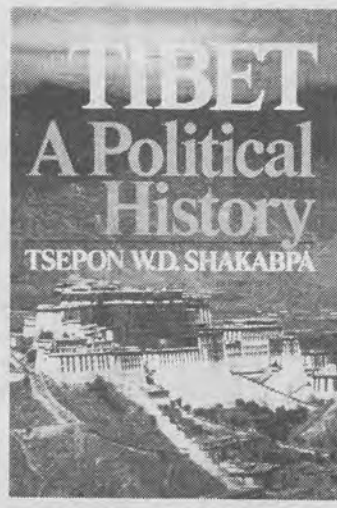
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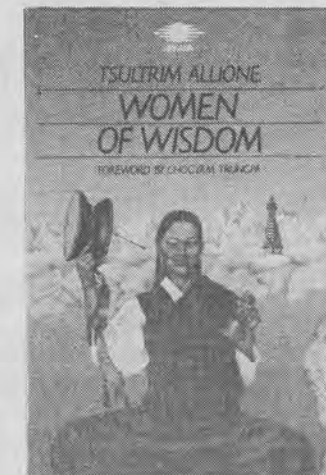
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