A TEARDROP IN CHENREZIG’S EYE

Five-Day Intensive Teaching in Tucson, AZ by H.H. The Dalai Lama

Article by Victoria Huckenpahler

IN CHENREZIG’S EYE

Noble Truth: the end of suffering.

The Fivefold Path of Mahamudra

The Fivefold Path of Mahamudra is a complete path of meditation. The practitioner begins meditating on the common precepts, also known as the four ways of turning the mind. These are: the precious human life, impermanence, karma and its results, and the suffering of all beings. Thus the practitioner engages the extraordinary preliminaries: refuge, Vajrasattva purification, mandala offering, and guru yoga. Then begins the actual fivefold path with the practice of bodhicitta. Next is the meditation on the Yidam Chakrasamvara, the four kayas of guru yoga and the actual mahamudra itself.

To make this practice more widely available to people who do not have the time for the traditional three year retreat, he has written a speed guide in which he will be using for his teachings. In Search of the Stainless Ambrosia contains these teachings in addition to the practice of the four ways of turning the mind, and various Vajrakila meditations. In addition, Prayer Flags, the Life and Spiritual Teachings of Jetsun Samdargos has a brief but very clear explanation of the path along with teachings on Mahamudra. The Great Kagyu Masters gives the life stories of the great masters of the Mahamudra lineage and contains many profound teachings. These texts have all been translated by Khengo Konchog Gyaltens and are available from Snow Lion.

H.H. The Dalai Lama was born in 1935 in Lhasa to the well-known Thubten family. In 1959, he was recognized as the incarnation of the Drikung Kagyu, head of the Drikung Kagyu order. He received his religious vows from H.H. the Dalai Lama at the age of five in the Drikung Monastery. In 1959, His Holiness was forced to leave the monastery and live in Lhasa with one of his former tutors. From 1960 to 1965, he was a student in the Chinese schools and later worked in common systems in Tibet. These years became an irreplaceable experience for learning about the Tibetan spiritual and temporal condition in a changed society.

Since then, he has contributed to the understanding of Buddhism by compiling both an in-depth report on the Tibetan culture and a history of Tibet. His Holiness is the 37th in the line of the founding of the Drikung Kagyu lineage. He has been recognized as the incarnation of the founding of the Drikung Kagyu lineage by various spiritual and temporal leaders.

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When we are hit by a stick, recognising ego clinging as our own will make the trouble bigger. It will certainly not blow itself up. Therefore to be generous to others, many countries are at the very core of the entire practice of teaching in the West, he presents the remarkable life came to an end in Tibet. If we have instructions on how to carry obstacles onto the path, then no matter how many difficulties and conflicting situations come upon us, we shall simply clarify our practice and have no need to hinder us on the path. However, we do not have such instructions; therefore, difficulties will be experienced as hindrances.

In these degenerate times, as far as the outer universe is concerned, the rains and snows do not come when they should, heroes are poor, the cattle are unhealthy and animals are riddled with disease. Because people spend their time in evil activities, because they are addicted to drinking and smoking, they are greedy and gluttonous; they dislike poverty and wretchedness; they are busy with material things; the real obstacle to the attainment of Buddhahood is the clinging of the mind. As Langri Tangpa, who was a woodworker in Eureka, California, expected to have spent about 200 sutras and tantras along with their English translations only, contact Prof. Robert Gregg, 415-723-1762.

All suffering comes through not recognizing ego clinging as our own. So when we are hit by a stick, it hurts, when someone calls us a thief, it hurts, when someone says we are stupid, it hurts. Why is that? It is because we feel great esteem and attachment for what we think of as our own selves, and we think “I am being attacked.” Clinging to the “I” is the real obstacle to the attainment of liberation and enlightenment. What we call obstacles or evil influences, such as ghosts, gods, and so on, are not at all outside us. It is from within that the trouble comes. It is due to our fixation on “I” that we think: “I am so unhappy, I can’t get anything to eat, I have so few clothes, people are against me and I don’t have any friends.” It is thought like these that keep us so busy—and all so uselessly! This is the reason why we are not on the path to liberation and Buddhahood. Throughout the entire succession of our lives, from beginningtime until the present, we have been taking birth in one or another of the six realms. How long have we been labouring in the three worlds of samsara, slaves to our ego-clinging? This is why we cannot escape. When a man has borrowed a lot of money, he will never have a moment’s peace until he has repaid his debt. So it is with all the work that our ego-clinging has given us to do; it has left negative impermanence on the alms similar to provisional notes. When our karmic tracery and “payments” are fulfilled, all benefit derives from other beings, who are therefore like friends and benefactors. We should try to help them as much as is possible. As Langri Tangpa Dorje Gyalpo, said, “Of all the profound teachings I have read, this one has left an impression that all harm and sorrow are my own doing and all benefit and qualities are thanks to others. Therefore all suffering and all benefit and qualities are my own. I take upon myself.” He perceived this as the main lesson of the entire path to liberation, meditating upon it throughout his life.

The Dalai Lama visits the USA in April

From April 14 to 29, 1994, His Holiness the Dalai Lama will visit the United States. The tour will begin in Hawaii, then move to California, Michigan, Kentucky and New York.


April 16: Teachings on compassion for world peace at Na bi Halldal Concert Hall plus a 1000-ARM Chen- tening blessing; public address in the evening. Is a non-resident novice Pre- sente at the Wakiaki Hall, Kamu L dzięki Estate, Honolulu, Hawaii.

April 17: Teaching on compassion for world peace at Naib Halldal Concert Hall plus a 1000-ARM Chen- tening blessing; public address in the evening. Is a non-resident novice Pre- sente at the Wakiaki Hall, Kamu L dzięki Estate, Honolulu, Hawaii.

April 18: Symposium on science and religion at the University of Michigan public address. Contact Prof. Robert Gregg, 415-723-1762.

April 21-23: His Holiness will receive the Raoul Wallenberg Human Rights Award and give a lecture at the University of Michigan. On the 23rd, he will also give the “What is Long-Life Initiation at the request of the Dharma Heart Buddhist Sangha and the Tibetan Community in Ar on Ave. (Kenard Place Per- sonal LaserWriter LS printers)

April 26-27: Science conference at Union Theological Seminary or ga nized by the Center for Buddhist Studies at Columbia University, Tibet House, and the Center for Buddhist Studies, Jiu- tian University. Telephone (212-854-6977).
A spectular tract of land has been donated to Namgyal Monastery by a benefactor who wishes to see it develop into a retreat center. This gift marks the beginning of a possible second phase of development that would allow the Monastery to develop a site for personal contact with the monks or for individual retreats in a structured setting with access to authentic Tibetan Buddhist instruction.

Founded in 1992, Namgyal Monastery Institute is staffed by Tibetan monks and Western scholars and provides the opportunity to study Tibetan culture in English as well as comprehensive instruction in the Tibetan language. Over 80 students have studied at the Institute, and programs began in Fall 1992, and more than double this number have attended summer retreats.

Located about twenty minutes from Namgyal Institute's downtown Ithaca location, the rural site occupies the highest hilltop in the area with spectacular views of the surrounding Finger Lakes woodlands. The gift of this land is intended to spur matching financial contributions from benefactors who wish to help in preserving the best of Tibet's culture.

GIFT OF LAND LAUNCHES NAMGYAL RETREAT CENTER DEVELOPMENT EFFORT

The study and practice program of the Institute

Namgyal Monastery Institute of Buddhist Studies was founded in 1992 as a teaching institute and North American Seat of the personal instruction of His Holiness the Dalai Lama. Namgyal Institute was conceived to bring to the West the study programs designed by H.H. the Dalai Lama for Namgyal Monastery. Open to qualified men and women, this unique 4-year program enables serious students to follow a consistent, progressive and authentic program of study in Tibetan Buddhism.

To round-out this rich and carefully designed curriculum, Namgyal Institute also offers courses and workshops in the arts and culture of Tibet, such as thangka painting, music, and mandala construction. The Institute's resident faculty gives special lectures and weekend programs from time to time. The Monastery also offers personal guidance in practice to those wishing it as well as non-program classes and nurseries. Students may pursue this program on either a full or part-time basis.

For application forms or further information regarding programs contact: Admissions Office, Namgyal Institute of Buddhist Studies, PO Box 127, Ithaca, NY 14851.
A Tear drop Contained Tear page

Dharma to a surge suppressor be-
member is born with natural ten-
within Buddhism, must be under-
continuum of conditioning which,
ed that afflictions result from a
habit. The Dalai Lama respond-
see that in many cases people harm
Thus, nothing has independent
status or control over itself. If we
or intention to produce a result.
ment that people inflict harm
mind, and far more indicative of
karma.

The discussion progressed to
A question arose as to whether
of Mahamudra, the central teachings of the Drikung Kagyu. His Holiness will
give the Phowa transmission, Chod empowerment and many other teachings
West, he will give a series of teachings and empowerments throughout the
His Holiness is one of two lineage holders of the Great Drikung Kagyu sect of
Tibetan Meditation Center, 9301 Gambrill Park Road, Frederick, MD 21702 (301) 473-6750

Teaching Tour of His Holiness Chetsang Rinpoche, The Drikung Kyabgon.

Teaching Tour of His Holiness Chetsang Rinpoche, The Drikung Kyabgon.

For information about the teachings, please contact
the locations listed above or write:
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Los Angeles, California
April 2 - April 8
United Healing Center
(808) 297-2943

Mexico City, Mexico
April 20 - April 25
Casas de México
521-542-4340

Santiago, Chile
April 26 - May 11
Avalokiteshvara Tibetan Meditation Center
(520) 7290193

Clearwater, FL
May 15 - May 20
Drikung Kagyu Center
(813) 993-2292

Frederick, MD
May 23 - June 3
Tibetan Meditation Center
See below

Vancouver, BC
May 27 - May 31
Drikung Kagyu Centre
(604) 579-6763

Portland, OR
July 10 - July 20
Combined Ven. Centers
(203) 1224-3307

Toronto, ON
July 23 - July 27
Ko Samui Resort
604-579-6763

Rochester, NY
July 29 - August 4
Drikung Kagyu Centre
(604) 579-6763

Benton, MA
Northampton, MA
August 17 - August 23
Saraswati Meditation Society
(602) 454-9610

Chicago, IL
August 25 - August 28
(812) 597-6963

Madison, WI
August 30 - September 5
Drikung Kagyu (602) 429-2781

Ypsilanti, MI
September 1 - September 12
Jeedl Heart Center
(313) 454-4411

San Francisco, CA
September 14 - September 28
Ratna Shing Nunnery
(415) 905-7454

Tucson, AZ
September 29 - October 5
Arizona Teachings, Inc.
(602) 524-4817

Palm Be,C
November 7 - November 14
Choyang Ling Tcomputer
(808) 928-8539

San Diego, CA
November 26 - December 8
Dray ang Ling
(808) 928-8539

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The Passing of Geshe Khenrab Gajam
(1928-1993)
by Kristine Paknys, Joan Scott and Miriam Zehavi

On Monday October 4, 1993, just after the early hours of the morning, our precious Spiritual Master, Geshe Khenrab Gajam, began his journey into the Clear Light. One of Geshe-la’s disciples came to make breakfast at Gajam, began his journey into the Temples Bouddhiste Tibetain. May the Dharma teachings at Geshe-la’s tiny apartment on Crescent Street in Longueuil and at the Temple on Verchères Street. There was a feeling of returning to the beginning, to the memories of wonder and enthusiasm with which we discovered the most miraculous and precious seed of Dharma through Geshe-la’s astounding patience, energy and kindness.

The morning after the cremation, we all assembled at the Temple to await the return of the ashes. After carrying them back into the shrine room in procession, we performed a Lam Chopa offering ceremony. To focus the greater portion of these, we plan to construct a reliquary stupa which will be consecrated by the Gaden Jangtse monks when they return to Montreal in the spring or early summer of 1994. A small portion of the ashes will be sent to Gaden summer of 1994. A small portion of the ashes will be sent to the Drikung Kagyu, where for five years she had been a guide for a Chinese tour group. “I have seen your picture in Lhasa, and always I knew I would see you,” she said. “I took visitors to the Prada and I know you couldn’t be there.” At this point she broke down completely. Embracing the woman and pressing her head to his heart, His Holiness said, “I like that we can solve any problem.”

THE VENERABLE K.C. AYANG RINPOCHE

Phowa and Meditation Master in the Drung Kagyu and Nyingma Lineages

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Outer, Inner, and Secret Amitabha
and other teachings

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THE STORY OF ANI KELSANG PELMO

From the Human Rights Desk, Central Tibetan Administration, Dharamsala, Dec. 22, 1993

Since spontaneous resistance to Chinese rule erupted in Tibet in September 1987, sparked off by China-controlled media criticizing the Five-Point Peace Plan for Tibet outlined by His Holiness the Dalai Lama on September 21 in Washington, D.C., 178 peaceful independence demonstrations have taken place in Lhasa up to August 1993. Of these at least one-third were led by nuns.

Ani Kelsang Pelmo (age 27) of Shungsep Nunery, located 45 km southwest of Lhasa, was a monastic activist leader until her arrest in May 1988. She was tortured, sexually abused and finally, in 1990, expelled from Shungsep by the Chinese authorities along with 43 fellow nuns.

Today she lives, studies and practices with 48 former Shungsep nuns at the new Shungsep Nunery in Dharamsala. Her experiences are common among many other nuns now in prison in Tibet or living in exile in India. She tells her story.

"I became a nun in 1985 and began my religious training by working on the renovation of Shungsep Nunery. Later I was admitted to this monastery on the condition that I provided my own food and clothing. We had around 200 nuns.

In January and March 1988 we emphasized our peaceful protests by setting up wall posters and holding meetings to protest the continued persecution of our people by the Chinese. The Chinese expelled 43 nuns, in-cluding the abbess and the Abbot of Gandan Monastery of Mongolia, who had coordinated our protests. They banned our religious activities. All prayers composed by His Holiness the Dalai Lama were banned. Henceforth we should not under-take any religious activity; we should stay home and work in the fields; all monasteries were banned from admitting us."

"I went straight to Lhasa, collected some money and made for Mount Kailash in western Tibet. From there, I escaped to Nepal with five nuns and eight monks. We wore lay clothes and reached Dharamsala on August 21, 1993.

"In October 1989, nine Chinese female prisoners composed of death. We also took an oath to sacrifice everything, including our identity of the others, even on pain of death. We also took oath to sacrifice everything, including our identity of the others, even on pain of death. We also took oath to sacrifice everything, including our identity of the others, even on pain of death.

"The police forced us onto the street and arrested us. They were heavily armed.

"On May 17, 1988, we met in front of the Jokhang temple and began the demonstration at about 10 AM. We made three circuits of the Jokhang, shouting slogans. We were about to complete the third round when Chinese armed police arrived in trucks and arrested us. They were heavily armed."

"The police forced us onto the street and arrested us. They were heavily armed."

"I continued to stand evenly, my body was in excruciating agony. They twisted my arms behind my back."

"The next morning I found myself alone in a cell. There was blood on my face and my whole body was in excruciating agony. During the following ten days my tissue was cut with blood. Some time later, two female doctors came near me. I showed them my body and they told them that of the pain I was suffering. Instead of giving me medical care the doctor slapped me across the face and walked off. I had no food on that or the previous day."

"On the third day I was again taken for interrogation and was beaten, once more."

"After two months in captivity I was released along with the other nine monks. Although the Chinese authorities led to go straight to our nunery. I went to the hospital for treatment. After a month in the hospital, the Chinese forced me to leave for my monastery."

"When I reached there I discovered that the Chinese had decided to 're-education' sessions to indoctrinate our monks about the virtue of the communist system and to try to convince us that Tibet is an inalienable part of China. The nuns were ordered not to fol-low the "few quiets" headed by the Dalai Lama. The abbess and administrators of the monastery were informed that they would be held responsible for any future demonstrations by our nuns. This order went on for two months."

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SECRET DOCUMENTS OUTLINE CHINESE PUBLIC RELATIONS PLAN TO "DIVIDE AND DESTROY" TIBETAN SUPPORTERS
Leaked Classified Documents Could Affect Renewal of China's Most Favored Nation Trade Status

WASHINGTON, DC—Classified documents declassified by Beijing detail the Chinese government's aggressive, multi-pronged propaganda offensive to incite its population and opinion of Tibet and "divide and destroy" the international supporters of the Dalai Lama, Tibet's exiled leader.

"During the whole period of the 1990s, it will be possible to realize the Dalai Lama's dream," the secret Chinese propaganda document states. "It is possible...to make the Dalai Lama see the reality...to make the Dalai Lama divide Tibetans and destroy them," a secret Chinese propaganda document states.

The documents show how the Chinese government is more determined than ever to "divide and destroy" Tibetan supporters, and how Tibetan supporters have "a deep sense of dignity that we all possess."

The Dalai Lama, Tibet's exiled leader, visited Japan twice last year. The Dalai Lama's name was mentioned in secret Chinese propaganda documents.

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It is once again necessary for me to state clearly what any position is with respect to the future of Tibet. The problem of Tibet is not the question of the Dalai Lama’s return and status. It is the problem of the rights and freedom of the six million Tibetans in Tibet. I am convinced that this question can only be solved through negotiations. My position over the years has been consistent. However, Chinese government statements create confusion by suggesting that the Chinese government is always open to negotiations but that Tibetans are not.

One such statement, made by a Chinese Foreign Ministry spokesman on 25 August 1993, upsets the position first conveyed to my emissary by Mr. Deng Xiaoping in 1979, namely, that “except for the independence of Tibet, all other questions can be negotiated.” The statement also declares that “the door to negotiation remains wide open.” For the past 14 years since that position was first put forth, I have not only declared my willingness to enter into negotiations but also made a series of proposals, which clearly lie within the framework for negotiations proposed by Mr. Deng Xiaoping. The ideas put forward during discussions which my representatives held with Chinese officials in Beijing, and later made public in the Five Point Peace Plan for Tibet (1987) and the Strasbourg Proposal (1988), envisage a solution that does not ask for independence of Tibet. Yet, China has refused to enter into negotiations of any kind or otherwise to seriously discuss any of those proposals or to constructively respond to them. Indeed, the Chinese government has refused to discuss any question of substance, insisting that the only issue to be resolved are those pertaining to my personal return to Tibet, about which it has made a number of public statements.

As I have stated again and again, my return is not the issue. The issue is the survival and welfare of the six million Tibetan people and the preservation of our culture and civilization. I have made it clear that negotiations must center around ways to end China’s population transfer policy which threatens the survival of the Tibetan people; the respect for fundamental human rights and freedoms of Tibetans; the demilitarization and deoccupation of Tibet; the restitution of control to the Tibetan people of all matters affecting their own affairs; and the protection of the natural environment. I have always emphasized that any negotiations must comprise the whole of Tibet, not just the area which China calls the “Tibet Autonomous Region.”

I am releasing today the text of my most recent letter and accompanying note to Mr. Deng Xiaoping and Mr. Jiang Zemin which were delivered to them by my emissaries in Beijing in July 1993, as well as my first letter to Mr. Deng Xiaoping. They show the consistency of my approach and my determined efforts to seek a peaceful, reasonable and just solution, within the framework formulated by Mr. Deng Xiaoping.

I have never called for negotiations on the independence of Tibet. There has been no constructive response by China to these issues. I am deeply concerned about Chinese government’s intentions with regard to Tibet. Official Chinese statements are aimed at confusing the real issue and delaying any substantial discussion of the problem. While repeating the position that China is prepared to negotiate, the Chinese government continues to seek a “final solution” to the question of Tibet: the flooding of Tibet with Chinese settlers so as to entirely overpower and assimilate the Tibetan people. This concern is heightened by the revelation last week of a secret meeting held on 12 May 1993 in Sichuan, in which a dual strategy was agreed upon by the Chinese authorities in order to suppress the Tibetan resistance.

—To transfer even larger numbers of Chinese into Tibet in order to make it demographically “impossible for the Tibetans to rise up”; and
—To manipulate important Tibetan religious persons, to infiltrate religious institutions and to create divisions in the Tibetan movement.

If the Chinese government is sincere about negotiating a solution to the question of Tibet, it must unequivocally reverse this decision, not only in words, but in actions. I call upon the Chinese government to start negotiations without delay and without preconditions.

**TIBETAN BUDDHISM**

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NEW AND OLD CUSTOMERS and A.C.I.P. USERS NOTE: We have moved. Don't go down this branch anymore. Some of our customers have had trouble contacting us for which we apologize profusely. However we are now set in our new location and can be contacted as shown above. The Asian Classics Iris program is a new address as follows for the invoices. The first film to tell the story of the Dalai Lama.

And Meet Some of the People Who Have Done the Most to Spread this Culture The Dalai Lama Lasha Geltse Lasha Tsakmo

The beauty of India, the excitement of a great festival in Bodhgaya attended by the Dalai Lama, and the simple, joyful life of an American Buddhist nun, Lasha Tsakmo, who founded and heads the International Association of Buddhist Women. "Thanks for being intellectually and spiritually challenging, the video is beautiful."

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The Asian Classics Input Program gave a wrong address for us so we have to get a new one.

The Bodhi-Line, a new tele-information service for the computer age, went on line in October. It is the only source of information in Europe, the United States, Canada, and Asia, and the first international point of contact for those interested in Tibet. The Bodhi-Line is a service provided by the Asian Classics Input Program.

To order a tape, contact the Bodhi-Line, contact Michael Wick, founder and operator of the Bodhi-Line, at either address or telephone us at country code (977)-1-472-678.

THE THE EIGHT GATES OF ZEN John Daido Loori

This new book from Zen Mountain Monastery is probably the most authoritative work on the subject of Zen training to date. It gives clear and useful answers to almost all the questions that anyone might ask about Zen practice.

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SNOW LION WINTER SUPPLEMENT 94 NEWSLETTER & CATALOG
PRC Opens Theme Park in Florida

On December 19, 1993, "Splendid China," a Chinese theme park opened in Florida less than two miles from Disney World. Nearly half of the 60 exhibits focus on religion or "minorities," which have been decentralized and continue to be severely persecuted by the Chinese government. Yet the park was designed to portray a picture of tolerance, tranquillity, and openness to the American public.

Tibetans in America, who have formed a coalition calling on "Splendid China" to remove all exhibits and references to Tibet, have denounced the theme park as a cynical and racist portrayal of Tibetans and other peoples. Lodi Gyari, President of the International Campaign for Tibet said, "Splendid China" is part of a long tradition of China showing off its happy natives to the world. Their depiction of us in this sort of exhibit is racist and we are shocked that it is opening on American soil.

The park is also being seen as a cynical use of Tibetan culture by experts familiar with China's tradition of using theme parks to show how well it treats the Tibetans and other minorities which have been systematically undermining and in some cases obliterated.

Experts familiar with China's Forty Million Tibetans, Mongolians, Uighurs, Miao and a host of other peoples whose cultures are being suppressed—and in some cases obliterated—according to one report, to "deflect attention" from China's human rights record. The park is a covert government. Yet the park was designed to portray a picture of tolerance, tranquility, and openness to the American public.

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- HEALTH EDUCATION: VIDEOS Help to fund a series of health education videotapes on subjects such as TB ERADICATION: Enable us to conduct a trial using an innovative immunotherapy technique.
- BOWSER: Help to prevent rabies, relieve the suffering of wild dogs and create a Tibetan animal husbandry infrastructure.
- TEACH: Provide computers, a science lab including a microscope, tape recorders to disseminate educational videos and books for a library. The science lab costs US $2,000.
- DOLMA LING: Help to stock the dispensary and pay the salary of a nurse to train selected nuns as health care workers.
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To contribute to BODHI send checks to: BODHI, Box 765, Redondo Beach, CA 90277.
Padma bSam-yas Ling RETREAT CENTER IN UPSTATE NEW YORK

Since 1984, as the beholder of H.H. Dorjepon Rinpoche, Khen-chen Palden Sherab Rinpoche and his brother Khegro Dunggar Drol- gyel Rinpoche have been working and teaching in the United States. In 1988, they founded the Pad- masontha Ling Buddhist Center in New York and currently pursue an active teaching schedule interact- ing with students at over a dozen centers on four continents. Through the blessings of Guru Padmasambhava, the mandate of the Khen Rinpoche has been opened and made available. A long, patient search by students and friends has led to the purchase of over 250 acres of woods and fields in the Catskill Mountains near Delhi, New York. The cen- ter has been consecrated “Padma bSam-yas Ling” in honor of bSam-yas (pronounced “sum- yay”), the first Buddhist necessary for the establishment of a rural center in the root of the Khenpo’s envisioning, to make authentic lineage teachings available to western stu- dents and simultaneously preserve a wisdom tradition that goes back over a thousand years. This past summer a group of twenty-seven students representing most of the practice centers gathered at Padma bSam-yas Ling with Khenpo Rinpoche on Pad- masambhava’s birthday. Prayer flags were raised and Khenchen Palzang offered trainings on lineage teachings originally revealed by Ta-tam Lingpa.

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Theme Park / Cave, from p. 12

are partnerships between China State Skype and the American Eastern International
Company.
In advertising the park, the promoters have chosen to feature the Potala Palace: "Highlighting the out
and today exists as little more than a
menace under the grip of the
Communist Party.
Professor Ji Hong-kyun, Director, the Center for South Asian Studies at the University of Virginia and a
guide who frequently takes tours to the Potala Palace, says that religion remains completely suppressed at the
Potala Palace. According to Professor
Hong-kyun, the monks are not even
allowed to wear robes and inform
"than all the paradise described by the
Buddhists. "I think the Potala Palace is the
most beautiful of all Buddhist sites in the
capital of Tibet, where Communist
authorities still do not allow the prac
cise of Buddhism.
Many of the other "minority" and
religious sites depicted in the theme
parts are also under strict regulation and
control of Party authorities and
are not allowed to return to their
original functions.
"If the US sets up a theme park of
African native American exhibits
without focusing on the true facts of
Native Americans in this country,
there would be an enormous outcry
from politicians, the public and Na
tive American groups--so there
should be," Lodhi Gyatso acted Pres
cedent, "American visitors should
realize that they are participating in
a propaganda exercise," Gyat contin-
ued. "Splendid China" expects three
time million guests in a year, including
many charter tours and school
be Informed About Tibet

It is vitally important that the
people who are concerned about
saying Tibetan culture know about
the key issues and do what they can
to help. One way to be informed is to read
of the following jour
als and newsletters, which
provide up-to-date news and
information. We especially recom
mend Nima Tibet, which carries
valuable news items that we don't
need to duplicate since they are easy
to obtain.

Tibet News (quarterly), free and
the US Tibet Committee News
er, 241 E 32 St, NY, NY 10016
(tel: 212-213-5010). Political and
broadsheets.

Tibet Press Watch (monthly)
From the International Cam
aigns for Tibet, 1518 R St NW,
Suite 400, Washington, DC 20005
(tel: 202-628-4123). Reproduces
articles from worldwide
sources.

Tibetan Review (annual sub
cription of 12 issues is $20 includ
ing airmail postage) c/o Tibetan
SOS Youth Hostel, sector 14 Farm,
Rohini, Delhi-15, India, North
American subscriptions through
Potala Publications, 241 E 32 St,
New York, NY 10016 (tel:
212-213-5010). Independent pub
lication by Tibetans in Delhi.

Tibetan Bulletin (bi-monthly, free; donation to defray postage is appreciated) The Office of Infor
mation and International Relations, General Tibetan Secretariat, Gang
kchen Khasag, Dharmsala (H.P.) 176215, India. Official publication of the Government of Tibet.

Canada Tibet Newsletter (quarterly) 2589 Canada Tibet Commiss
ion, 4075 Goodlak Ave, Montreal, Quebec H3X 2K7, Canada. National
news as well as information
on Tibet supports in Canada.

Tibet Brief International Com
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Tibetan Rights Campaign (monthly), $30 per year. Articles and
action items in support of the
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PO Box 4650, Berkeley, CA 94704
(707) 891-2865.

KUNZ-DANG LA-MAY ZHAL-LUNG

Jigme Ling-pa, the exponent of Droga-cho Okmo-cho Nying-gi, provides the required preliminary for the practice of Droga-cho in a short liturgic prayer called The Excellent Path for Omniscience. One of his eminent disciple, Jigme Gyal-cho Nyo-gi, transcribed and gave the title, Kunz-dang Law-yaz Chal-lung.

Preface by Chui-tra Rin-pui-cho, Translated & edited by Sonam T. Kazi

"A brief and exceptionally useful synthesis of all the main themes of Dzogchen, written by one of its most eminent masters, this work will benefit all those who are interested in Dzogchen."

- Professor H. V. Guenther

"Excellent, faithful translation... an authentic preliminary work which will benefit all those who are interested in Dzogchen."

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"A must for every serious student of Buddhist thought and practice."

- Professor Matthew Kapstein, Columbia Univ.

"Clear and accurate throughout. . . can be recommended without hesitation." - Professor H. V. Guenther

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In its first three years, ETC has placed over 100 impoverished children into both day and boarding schools, thanks to individual and shared sponsorship pledges from around the world. Advised by UNICEF and Save the Children, they are limiting the number of children supported by individual sponsorships and are diversifying their work.

They have established village-based projects in Chitwan and Rasuwa, funded variously by national groups (such as their “Friends from Greece” group), individuals and international non-governmental organisations (UNICEF; Save the Children, Norway). These projects in- and benefit the whole village, with donations of materials and labor from the men, provision of literacy classes for the women and education for their children.

They have been innovative in offering a highly-acclaimed camp, free health clinics and a “Convention for Street Children.” This was a great success, involving not only concerned professionals, but the street children themselves, allowing them a voice in their own lives.

They have an office and staff in Kathmandu and our programs benefit both Nepalese and Tibetan children. In the US, they fund their operating expenses by importing quality Nepalese clothing, jewelry and gifts. Your tax-deductible donations and sponsorship pledges will encourage and aid their work. Contact: Educate The Children, PO Box 414, Ithaca, NY 14851.

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One of the most crucial responsibilities of Tibetans in India is to educate the children who are the future seeds of Tibet. To ensure the education of the next generation, a sponsorship program has been established for Tibetan refugees in S. India, in 1996. This program is under the administration of the Council for Tibetan Education, Bhavanais.

Sponsorship for a Tibetan child to attend boarding school is approximately $10 per month. Supporters send an annual sponsorship of $120 and additional one dollar per month (optional) to help defray the administrative expenses of the program. The US representative forwards the funds to the Council for Tibetan Education to make the international money transfer efficient. The entire sponsorship plus of $10 per month is used for educational expenses.

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Items pictured above are shown about 30% larger than life size.
Is Enlightenment Possible?

Dharmakirti and Gyal Tshab rje on Knowledge, Rebirth, No-Self and Liberation

by Roger Jackson

Pp. 79-95

$45 cloth

Is Enlightenment Possible? is an exploration of the central metaphysical argument for the attainment of enlightenment in the Buddhist worldview—none of D.T. Sneath's previous writings have delved so deeply into the Buddhist tradition. Instead, this book is an historical account of the most important issues in the understanding of the nature of enlightenment. It is a book for readers interested in the Buddhist philosophy of the mind and how it relates to the understanding of the body, mind's nature is such that enlightenment is possible, and the achievement of enlightenment requires the attainment of the uniquely Buddhist realization of no-self. Their argument deeply influenced the Buddhist tradition and the development of the Dharmakirti tradition. The book is divided into three parts: 1) the historical background and the development of the argument, 2) the nature of the Buddhist arguments for the truth of enlightenment, and 3) the views of other Buddhist traditions. The book focuses on the development of the debate in the late twentieth century, and the role of Western scholars in that debate. It also includes an annotated translation of a work by Dharmakirti, which is a key text in the history of Buddhist philosophy.

The book is an important contribution to the understanding of the nature of enlightenment in the Buddhist tradition. It is a valuable resource for scholars and students of Buddhist philosophy, as well as for those interested in the history of philosophy and the development of the debate on the nature of enlightenment.

The book is part of the Snow Lion Winter Supplement 94 Newsletter & Catalog.

15

China Frees Genden Rinchen (The Tour Guide and Lobzang Yenten (Former Monk)

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THE BUDDHA'S QUESTION, by W.W. Rowe, Illus. by Pamlyn Bates. $9.95

This is an activity book that was developed in conjunction with the special Newark Museum project "THE: The Living Traditions." Exploring unknown places, meeting new people, and seeing different ways of life can be among the greatest joys of childhood. Explore Tibet is designed to introduce the young reader to Tibetan culture. The combination of hands-on activities with stories and illustrations offers something for every child. Meet a Tibetan family and construct a felted tent, make Tibetan food, play a karuna board game, perform a mandala dance, and more.

TOFU COOKERY, by Louise Hagler & Dorothy Bates. 224 pp. TOCO $14.95

With over 200 tasty recipes from hearty, everyday fare like Ponzu Tofu Salad to elegant, special occasion treats like Fresh Shiso Teriyaki, this book offers a lot of choices that are beautiful as well as delicious.

THE AWAKENED ONE: A Life of the Buddha, by Sherab Chodron. 155 pp. #AWON $9

The Buddha's life story is a universal tale of the awakening of consciousness. A blend of legend and history, filled with stories of wisdom and compassion, this ancient tale offers inspiration and insight to spiritual seekers of all traditions.

THE DOOR TO SATISFACTION, by Dongyal Rinpoche. 102 pp., #ENCO $12.95

Enlightened courage, to H.H. Dharma Rinpoche, 120 pp. #ENCO $12.95

A collection of teachings and interviews on the Dzogchen path by Padmasambhava's spiritual son, head of the last British and first Indian mission to Tibet and was present in Tibet for nine years. Starting with the month-long ceremonies of the New Year, the reader is taken through both secular and Buddhist rituals which punctuated the Tibetan year—a rich tapestry of processions, sacred dances, oracular seances, ritual competitions and official feasting that occupied the entire populace of Lhasa.

THE SHOSHONI COOK-BOOK: Vegetarian Recipes from the Shoshoni Yoga Spa, ed. by Louise Hagler & Dorothy Bates. 210 pp., color photos, #TOCO $14.95

The Heart Advice of a Tibetan Buddhist Master, by Lama Thubten Yeshe, ed. by Aisha Cameren & Fabina Courtois, 152 pp., ADON $12.50

A collection of advice of the great Kadampa, compiled by Lodro Gyalshen, a fifteenth-century Tibetan yogi. In this book Lama Zopa reveals the essential meaning of an ancient text that he discovered in his retreat cave high in the Himalayas. Only when he read this text did he come to know what the practice of Buddhist really means.

THE NEWSLETTER & CATALOG

SNOW LION WINTER SUPPLEMENT 94 NEWSLETTER & CATALOG

GATES TO BUDDHIST PRACTICE, by Chogyal Dawa Rinpoche. 102 pp., #FLGA $14

A collection of teachings that first grounds the practitioner in the basic principles of Buddhism and then dives deep into the theory and practice of Dzogchen. It captures the warmth and vividness of Rinpoche's heart-mind, the humor of his stories and the simplicity with which he communicates the essence of the spiritual path.
THE GREAT STUPA OF GYANTSE: A Complete Tibetan Pantheon of the Fifteenth Century, Ricardo Paoletti and Elizabeth van der Laan. 320 pp., 8 1/2 x 12", 122 color and 78-MV photos, numerous plates, jacketed, $125.95

The great Stupa of Gyantse, about 100 miles southwest of Lhasa, may well be the chief wonder of the Tibetan religion. The stupas records iconographically within its 75 chapels and stupas nearly the entire pantheon of Indo-Tibetan religion up to the 15th century. Built by the prince of Gyantse, it is the most important surviving Tibetan monument to predict the establishment of the Dalai Lama's Theocracy in Lhasa and the construction of the Potala Palace. The wall paintings have withstood the passage of time and are 800 years old and beautiful to see. The text explains the physical and conceptual structure of the stupas, the iconography and style of the paintings and stelae, and provides a thorough survey of the 75 chapels and temples. This book is richly illustrated, beautifully illustrated and constructed.\n
THE HEART OF HEALING, by J. L. Powers, trans. & ed. by Cheng Chien Bhikshuni. 225 pp., 150 color and 250 b&w photos, jacketed, $29.95. The Tibetan Buddhist world in that it presents its history, doctrines, lineage of masters that commonly occur in the heart of healing.\n
THE HEART OF HEALING: Tantric Buddhist and Other Erotic Mysteries, by Stuart Sovatsky. 256 pp., 50 full-, 8" x 10" MAIN $17.95. Explains how periods of celibacy can enhance our awareness of the erotic impulse and its myriad forms of expression. This period can help redirect sexual energy toward friendship, deepen a life partnership, heal sexual abuse, etc. For the stereo type of regressive sexual abstinence, the erotic form of sublimation is a passionate and spiritual celebration of the erotic. Includes exercises based on yoga, kundalini and chanting meditation. This authoritative new translation presents the original and was prepared especially for Western readers by one of the most prominent Tibetan scholars in America. Its introduction to Tibetan Buddhist meditation, illuminating commentary, and practical use of Tibetan prayers make it a must for anyone interested in meditative and informative versions available.

THE WHEEL OF TIME SAND MANDALA, by Barry Bravo with the Monks of Namgyal Monastery. 256 pp., 8 1/2 x 12", 112 color and 50 illus., 8" x 10" #PAIN $12.95. This fascinating, highly modulated book asks neither unquestioning faith nor blind obedience to abstract concepts or religious beliefs. Rather, it challenges us to question and investigate life issues for ourselves in the light of an ancient and effective approach to the suffocating and ignoble aspect of the human condition. This is an organized overview of Tibetan Buddhism, beginning with the basic themes of the sutras and progressing through the monastic concepts and advanced practices of Sutra.

TRANSFORMING PROBLEMS: How to Be Happy When You're Not, by Lama Tenzin Zopa Rinpoche. 110 pp., #TRPR $9.95. We all experience a constant flux of happiness and suffering. When these are seen in an ordinary way, in the hope and fear that cause from which we escape in one or cause us true suffering in daily life. To overcome this dilemma Lama Zopa gives us a clear and accessible guide to the Buddhist view of the mind and how to use this understanding to overcome the obstacles as well as to cling to happiness.

THE TIBETAN BOOK OF THE DEAD, by Robert Thurman. 278 pp., 8 1/2 x 11" photos, jacketed, #TVBD $12.95. This authoritative new translation presents the original and was prepared especially for Western readers by one of the most prominent Tibetan scholars in America. Its introduction to Tibetan Buddhist meditation, illuminating commentary, and practical use of Tibetan prayers make it a must for anyone interested in meditative and informative versions available.

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MO: The Tibetan Divination System

"Clear, concise, interweaving practical discussion with things of a more esoteric nature, this is an essential and wonderfully inquisitive book."—John Crafts, American Library Association

A well-written book and why he was awarded the Nobel Peace Prize. Beginning with the Nyingma tradition which presents the policy of kindness, this book offers a comprehensive view of his whole life, his wide-ranging interactions in the global region, his life, his thoughts on issues of global concerns. These ample testimonies and biographical essays reveal a highly pragmatic man, dedicated to the establishment of non-violent solutions to human problems as the personal, social and environmental arenas. A captivating picture of his life, a good will understanding and personal freedom. "This work will be ongoing vital field of East/West psychology and spirituality."—The Dalai Lama: A Personal Freedom. "In the psychological history of this great man...This is an excellent introduction to the intellectual and transformational sweep of present-day Mahayana Buddhism and presents the actual methods for developing the mind of universal compassion and explains in detail how all life situations can be used to transform one's habitual self-centered behavior into authentic loving kindness and concerns for others. It also reveals ancient techniques that were used in India and Tibet to overcome seemingly incomprehensible mental and spiritual problems.

WHAT COLOR IS YOUR MIND? by Claud Blouin, 392 pp. $19.95

This is a Buddhist approach to the concerns of daily life and a variety of contemporary issues. Written in clear and engaging language for people who are new to Buddhism, What Color Is Your Mind? is also interesting to people who have studied and practiced for years.

The Quest Reader

SKY BURL: An Eyewitness Account of Tibet's Recent Uprising, by Mike Kammen, 206 pp. ISBN #511 $19.95

This is the remarkable story of a young American doctor traveling in the Himalayas around the time World War II. The book tells the story of the Tibetan uprising in Lhasa in 1959, in the dramatic story of his escape, capture and years of imprisonment, he presents a vivid picture of the final fall of Tibet.

Tibetan Arts of Love, by Geshe Chokyi, trans. by, Jeffrey Hopkins and Terje Heltub. 229 pp. ISBN #512 $19.95

Tibetan Art of Love presents in lucid detail the three-flavor arts of love, divided into eight varieties of sexual after-ecstasy, soothing, pleasing and soothing, blissful, special, reverential, and positions of love-making. It includes a complete and integrated translation of the chapters on Flavored Postures by Geshe Chokyi, the highly respected Drukpa Kagyu lama many consider to be Tibet's foremost lama of the present era. Geshe Chokyi traveled to India where he learned tantric and studied the Lam 3. Hence, his transmission of the arts of love is more extensive and more accessible than other books on the subject. He gives teaching advice to householders, describes sexual arts in detail, shows how to use sexual pleasure to enhance spiritual insight, and explains how to increase female sexual pleasure. With a centrally composed approach, each of love as a foundation, he speaks explicitly of the equality of women and their potential to aid in sadness and social ills. An outstanding feature of this novel approach to a door to spiritual experience of fundamental importance, is the deep experience of the art of clear light periods the stimulating descriptions of erotic acts.


Through understanding the nature of the mind, the process of cognition, inner peace can be attained. Understanding the Mind gives a complete explanation of the nature and function of the mind for the first time. This book provides a unique perspective on mind from the standpoint of how we develop knowledge and understanding. The different types of emotions are clearly defined and advice is given on how to generate and control them.
rites and evoking the mantras of serpent power, initiatory sexual practice of the stages of yogic trism and Shaktism—both of which emphasize a path of action and Shakti, and the Secret Way, the TREATISE ON THE MIDDLE WAY, according to Nagarjuna, the experience of ultimate truth and understanding reality to induce direct liberation but also obstructions to meditation or positive energy. This requires a powerful understanding of selflessness couched in a vast accumulation of merit or positive energy resulting from the kind of bow, compassion and altruistic intention, cultivated by bodhisattva, the first half of the text focuses on the development of merit by showing how to transform disregarding attitudes and master the prac- tices of the stage. The second half explains the nature of emptiness and its relevance for psychological growth. Speak- of Buddhism with western models of human and nonhuman origins whose activities are seen in the cycles of nature and our life. This tape is a wonderful ex- perience in sound and meaning. The first half of the text focuses on the development of merit by showing how to transform disregarding attitudes and master the prac- tices of the stage. The second half explains the nature of emptiness and its relevance for psychological growth. Speak- of Buddhism with western models of human and nonhuman origins whose activities are seen in the cycles of nature and our life. This tape is a wonderful ex- perience in sound and meaning. The first half of the text focuses on the development of merit by showing how to transform disregarding attitudes and master the prac- tices of the stage. The second half explains the nature of emptiness and its relevance for psychological growth. Speak- of Buddhism with western models of human and nonhuman origins whose activities are seen in the cycles of nature and our life. This tape is a wonderful ex- perience in sound and meaning. The first half of the text focuses on the development of merit by showing how to transform disregarding attitudes and master the prac- tices of the stage. The second half explains the nature of emptiness and its relevance for psychological growth. Speak- of Buddhism with western models of human and nonhuman origins whose activities are seen in the cycles of nature and our life. This tape is a wonderful ex- perience in sound and meaning.
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This is a lovely closeup photo of His Holiness standing next to Arizona cactus.

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THANGKA print, laminated, mounted in brocade with multi-color fringe at bottom, measures 14 x 25". Selections: Padmasambhava #PAEMPR, Buddha #BUEMPR, Green Tara #GUEMPR.

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Brocaded Deity Thangka, mounted with multi-color fringe at bottom, measures 14 x 25". Selections: Padmasambhava #PAEMPR, Buddha #BUEMPR, Green Tara #GUEMPR.

PUBBAS Terretial daggers made of iron. 9" #9PU $30

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Red Snow Lion on 4 1/2 x 6" blank rectangular stock—with envelope. Part of the proceeds goes to support new refugees from Tibet.

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Agradable. The Fluent Tibetan package consists of a textbook and a set of tape recordings, arranged in three units. The first three units are devoted to recognition and pronunciation of the Tibetan alphabet and combinations in syllables and words. Beginning with unit four, vocabulary and grammatical patterns are intro- 

duced in the form of situational dialogues. Each dialogue is fol- lowed by extensive drills which re- quire the vocabulary and grammatical patterns in different contexts. In this way the student learns not merely to mimic the phrases but to use the language creatively.

All the voices in the dialogues and drills are that of indigenous Tibetan speakers and the material is given by both male and female voices alternately. The Tibetan voices on the tape are exception- ally clear. The end-of-text glossary is both Tibetan-English and English-Tibetan. The material covered in fluent Tibetan roughly corresponds to what is covered in two semesters of college-level language study. Having completed this text, students should be capable of inter- 

mediate level speech as defined by the University of Virginia’s Tibe- 

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The Tibetan package consists of a textbook and a set of tape recordings, arranged in three units. The first three units are devoted to recognition and pronunciation of the Tibetan alphabet and combinations in syllables and words. Beginning with unit four, vocabulary and grammatical patterns are intro- 

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SPECIAL ITEMS

PRAYER FLAGS—Support Tibetan Nuns, $12 for set of five #PRPFSL

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These are set of traditional prayer flags in the five colors with windhorse and other animals and mantras printed on them. They are pre-strung for easy hanging and look great. The Tibetan nuns of Lobzang, India have made these and will receive payment for them as they sell. The purchase of one set of flags will feed a nun for a month.

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Six feet long banner that can be attached to a pole. The color is green with Chenrezig surrounded by his OM MANI PADME HUM mantra.

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In the symbolism of the prayer flag, the windhorse represents the process of the wind carrying prayers as do the four animals in the corners of the flag. The mantras are for Vairocana Buddha, Chenrezig and Kalachakra. Each flag measures 13" x 13½".

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A lovely traditional design is silk screened on the five colors of cloth and have a string for easy hanging. Comes with a detailed explanation of the 21 praises and the design.

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Red Sandalwood #RESAMA $15

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Lotus Seed Pocket Mala, with 27 beads, Red Jasper Guru bead. #COHAMA $15

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Lotus Seed Pocket Mala, with 27 beads, Red Jasper Guru bead. #COHAMA $15

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Vajryogini w/4 Dakinis $320
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Mamakala $325
Mamakala (w/deities) $320
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Vajracharya $450
Vajrabhairava $350
Vajrapani $325
Vajrasattva $325
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Wheel of Life $55
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White #PLSRSC $8
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Long (8’) white silk scarves with auspicious symbols embroidered into them #BRSSC $25

OCUSKB $46. This is a silver bracelet with design and snow lion on the ends and gold colored OM MANI PADME HUM letters. 5.8” wide.

DOSSG $45. This brocade is all silver and has a row of seven dots with snow lions on the ends. 3.8” wide.

BELL & DORJE #BEDO $60
The supreme symbols of the Vajrayana path are the bell and dorje (diamond scepter) used by tantric practitioners. They are held in the left and right hand respectively and convey the mystical union of wisdom and compassion. The dorje has five prongs, four at each end and located around the central prong, symbolizing the five Budhist families. Lotus petals decorate the central cup. The handle of the bell is similar to the dorje. The bell is composed of an alloy of several metals and is decorated with Tibetan calligraphy, lotus petals and dorjes. The bell produces a clear, brilliant tone that symbolizes the open dimension of reality.

BILLS & DORJE. Supreme Grade #BDABEDO $200 Fine detail two metal bell and dorje sets. There are a few still available at this price.

BELL & DORJE COVERS #BEDOOC $20
These are elaborately brocaded covers that are perfect for the standard size bell and dorje.

TIBETAN BACKPACK #BAC $35
This sturdy, attractive cotton backpack is well-designed and washable. The main compartment measures 16” high, 14” deep and 12” wide and has a double zipper. Another smaller compartment measures 6” deep and it has either pockets inside including an 8” one with zipper. Loop at top makes it easy to hang. Cloth design in Tibet and the pack is made by Tibetans in Dharamsals.

TIBETAN FREEDOM BANDS
In Tibet where there is no freedom of expression, where the singing of the national anthem is prohibited, and the national flag is banned, the means of communicating resistance and solidarity must go underground. The Rangzen band now worn by thousands in Tibet and in the Tibetan community in exile has become a symbol of the Tibetan struggle. Show your support for Tibetan freedom by wearing a freedom (rangzen) band.

TIBETAN MONEY POUCHES #DOZIPO Double Zipper Pouch
7" wide.

TIBETAN WOOL SCARF #WSSC $30
Made of fine wool. White with bands of traditional Tibetan designs. Approx. 2.5" long and 16" wide.

TIBETAN INCENSE
Traditional Tibetan incense prepared from medicinal herbs- man, turmeric, and sandalwood—in available in three grades. Each box contains approximately 50 eleven-inch sticks:
Greatest Grade #FI $6
Medium Grade #RE $6
Common Grade #YE $5

"Support" Tibetan Traditional Incense PARTIEN $5
The formula for this incense comes from the Rinchen Terzoe. The ingredients come from the Himalayas and are packaged in a 7" tube.

Par Salwood 8" bundle #SAB $35
Extra-Grade Tibetan Incense 16" bundle (45 sticks) #EXGRS $10

TIBETAN BACKPACK
#BAC $35

TIBETAN FREEDOM BANDS
#BTBP $30
Extra-Grade Tibetan Incense 10" bundle #EXBRN $10

TIBETAN MONEY POUCHES
#DOZIPO Double Zipper Pouch
7" wide.

TIBETAN WOOL SCARF #WSSC $30
Made of fine wool. White with bands of traditional Tibetan designs. Approx. 2.5" long and 16" wide.

Snow Lion Winter Supplement 94 Newsletter & Catalog
SPECIAL ITEMS

PENDANTS
Silver Pendants
Fine silver pendants from Nepal.
The small ones are 1 1/4" high and are $12. The large pendants measure 1 3/4" high and are $30.

Manjushri #SMMASI
Tara #SMTASI
Chenrezig #SMCHSI
lg. $30
Palmavasamhara #LAPASI
Buddha #LABUSI

Other Silver Pendants:
Bell & Dorje #SIBEDO $30
Buddha #SIBUPE $15
Dorje #SIDOPE $18
Double Dorje #SIDODO $30
Garuda #SIGAPE $10
Kalachakra Pendant #KAPE $20
Virocana #SIVIPE $16

MALACHITE PENDANTS
Maape $24
Lovely silver pendant with blazing green oval malachite.

Garuda #SIGAPE $10
Kalachakra Pendant #KAPE $20

PURBA PENDANT
Pupe $14
Silver purba 1.5" long—looks great!

MALANDA PLATES #MAPLA $CALL
We have available mandala plates for mandala offerings. The sizes and type of metal varies considerably—copper, white metal, silver plated, pure silver—so call us for prices and style.

SINGING BOWLS #SIBO $250
10 to 11" in diameter, these singing bowls produce a marvelous sound when struck or rubbed on the rim with the striker. Ideal for meditation practice.

OFFERING BOWLS #SIOFBO $33 set of 7
Ornately designed silver-plated offering bowls that measure 3" dia.

ANNOUNCEMENT

Books by Geshe Kelsang Gyatso

Tharpa's highly acclaimed collection of books provides a unique and comprehensive presentation of the essential teachings of Mahayana Buddhism. The books emphasize the practical application of Buddhist principles to our modern way of life, and contain practical advice on how we can transform our lives and solve all our daily problems by applying Buddha's advice to everyday situations.

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The Quick Path of Heruka
Offering to the Spiritual Guide (Lama Chopa)
Liberation from Sorrow (The Twenty-one Taras)
The Yoga of Buddha Amitayus
Prayers for Meditation
Meditation & Recitation of Vajrasattva

Cards & Posters

Cards, Posters, & Fine Art Prints depicting the most popular Buddhist and images of Tibetan Buddhism. Specially commissioned from the world's foremost Western and Tibetan artists for Tharpa Publications, the original paintings are superbly reproduced. Images include:

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Medicine Buddha
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Medicine Buddha

Green Tara
Chenrezig
Vajrayogini
Wheel of Life
Lotus Flower

Snow Lion WINTER SUPPLEMENT 94 NEWSLETTER & CATALOG
SNOW LION PUBLICATIONS: OUR PURPOSE

Snow Lion Publications has been established to protect and further Tibet's great religious and philosophic traditions. Although this rich cultural heritage is threatened within Tibet itself, its importance and uniqueness is being enthusiastically recognized by a growing number of people around the world.

Our goal is to provide literature, relevant and informative books for the general reader, as well as authoritative, scholarly presentations and translations of seminal texts within the complete Tibetan meditation and scholastic traditions.

In addition to publishing and distributing philosophical and religious works, we offer books on Tibetan medicine, art, history, biography and language, and reproductions of authentic and inspirational art such as cards, posters and calendars.

SNOW LION STORE

Snow Lion's retail store is now in full swing. We have all our mail order items on display as well as other dharma goods that are difficult to advertise—rugs, thangkas, statues and other practice materials. We are open weekdays and some weekends, so if you plan to visit Ithaca, give us a call at 607-273-8506. Starting in the late fall the store will be located in the Westgate Plaza, 605 W. State Street, rear entrance.

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