



# The Union of Meditation and Realization

## with Orgyen Chowang Rinpoche

### Thursday, August 30th, 2018 at 6:30 pm

### at A Place to Sit's new location in Boulder, CO

When you pursue the spiritual journey, the most important thing is to have meditation and at the same time realize the nature of your mind. These two elements of your practice work together to free you from negative thoughts and emotions and allow you to directly experience enlightenment within you. In this special evening talk, renowned meditation master Orgyen Chowang Rinpoche will speak on this profound topic.

**Date and time:** Thursday, August 30th at 6:30 pm.

Please arrive on time to register and settle in before Rinpoche's presentation at 7:00 pm.

**Location:** A Place to Sit, 2355 Canyon Blvd., Suite 202, Boulder, CO 80302

Please note: this is a new location for A Place to Sit (we're no longer in Crossroads Gardens)

**Entrance by donation:** Rinpoche will receive 2/3 of all donations for this event. If you wish to donate by credit card or PayPal, please go to the <http://www.aplacetosit.org> website, and click into the DONATE button. Donations by check and cash are welcome at the door. It is highly advisable and requested to pre-register. You may pre-register by donating online and/or writing to [aplacetosit108@yahoo.com](mailto:aplacetosit108@yahoo.com) to express your intention.

**Contact:** either by email to [aplacetosit108@yahoo.com](mailto:aplacetosit108@yahoo.com) or by phone to 510.847.6374

**Orgyen Chowang Rinpoche** is a meditation master in the Nyingma lineage of the Buddhist tradition. He studied for nine years at Larung Gar in Serta, Eastern Tibet, with his teacher, Jigme Phuntsok Rinpoche, who is widely acknowledged as one of the greatest Dzogchen meditation masters of the twentieth century. Orgyen Chowang Rinpoche lives in the San Francisco Bay Area, is a Lecturer at Stanford University, and the founder and spiritual director of Pristine Mind Foundation. He travels throughout the United States and around the world, teaching a broad range of audiences, including those at universities, tech companies and yoga centers, how to improve their lives through meditation. Orgyen Chowang Rinpoche is the author of *Our Pristine Mind: A Practical Guide to Unconditional Happiness* (Shambhala, 2016). For more information, visit [www.pristinemind.org](http://www.pristinemind.org).

